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Sports, Page 1B



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VOLUME 23, NUMBER 66

WEDNESDAY, AUGUST 18, 1999

FIFTY CENTS

Darr, county reach agreement on case

Former employee taking early retirement

By Sanford J. Schmidt
Staff writer

The five-year-long case of former Madison County official

MADISON COUNTY

Lanny Darr has come to an end with an agreement for Darr to retire and the county to fund a share of his retirement.

Darr, who was fired for wrecking a county pickup truck while under the influence of alcohol, got the county to agree that it made an error in the way it fired him,

according to an order signed by Associate Judge Ann Callis of Madison County. However, he will not receive any back pay or any money for attorney's fees.

"It was an amicable agreement for both sides, which this order reflects," said the county's attorney, John Gilbert.

He said the settlement allows the county to get out of the case with a minimum of cost.

Darr will be credited with his county pension benefits and will be allowed to take early retirement. He will be credited with service from

Sept. 21, 1994, to Feb. 28 this year at a pay rate of \$2,883 per month.

The cost of the county's share of Darr's retirement is estimated at between \$13,700 and \$14,000, which will be paid into the Illinois Municipal Retirement Fund.

The retirement agreement also solves the problem of what Darr will be doing if he is not successful in his lawsuit to get his job back. The job of emergency services coordinator has been filled

— See DARR, Page 9A

Lending a helping hand



A member of the KidsCare staff at St. Elizabeth Medical Center in Granite City talks with a parent about the program, which helps children who may otherwise not be covered by medical insurance obtain needed medical treatment. Both emergency and routine medical care are covered by KidsCare, which is a state program.

Tim Stephenson photo

Ram Tough 200 roars off Gateway starting line Friday night

By Scott Cousins
Staff writer

One lucky racing fan will get the opportunity of a lifetime

Friday at the second annual

'King Richard' slated to be grand marshal; final race of season at track

Missouri-Dodge Dealers Ram Tough 200, presented by Pepsi-Cola, at Gateway International Raceway.

The race, part of the NASCAR Craftsman Truck

Series, will be lit under the lights at 8:30 p.m. The NASCAR Re/Max Challenge Series will start the evening with a 40-lap shootout at 6 p.m.

The Ram Tough 200 is the

last of four "major" races at the track this year. The racing season will end at the track at the end of October.

During a drawing at about 5:30 p.m. race day, a name

will be picked to take a lap in a Richard Petty Driving Experience race truck before the start of the Ram Tough 200.

Racing fans can register for

the lap drawing at the Richard Petty Driving Experience booth in front of the Fun Fest Expo behind the main grandstand.

Petty, known as "The King of NASCAR," will also preside

— See RAM TOUGH, Page 9A

Volunteers needed for ONB Day

Did you ever want to break into the newspaper business? Now is your chance to get in on the ground floor by volunteering to sell a special edition of the Suburban Journals on Old Newsboys Day.

Proceeds support more than 250 local children's charities. This year, the annual fund-raising drive will be Nov. 18, the Thursday before Thanksgiving.

For information on Old Newsboys Day or to volunteer, call (636) 918-0001. The deadline to volunteer is Aug. 31.

We'll be waiting for your call.



Tim Stephenson photo
Mary Ann Stuart, left, and Denice Wright show off some of their teapots at Immanuel's Inn, the former Patio Restaurant in downtown Granite City that was recently purchased by the Community Care Center.

Patio Restaurant gets new name, direction

Immanuel's Inn now owned by Granite Community Care Center

By Michael Heil
Staff writer

The newest restaurant in town is now Immanuel's Inn.

It was previously known as The

Patio Restaurant until management from the Community Care Center purchased it in July.

The restaurant is located at 1308 Niedergheaus and is operated by Mary Ann Stuart and Denice Wright.

"We are thrilled to be the community and are excited to

serve the people in it," Stuart said. "We have food everybody likes in a friendly, casual environment."

Hours are from 9 a.m. to 3 p.m. Sunday through Friday. On Saturdays, the restaurant will be used for showers and parties for up to 50 people.

For more information about showers, contact Stuart or Wright at the restaurant at 452-1036.

Stuart said having new management means a tasty new menu that includes break

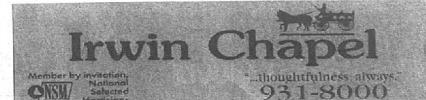
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Granite City Journal

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Doughty firing hearing postponed to Aug. 31

Attorney: Matter sure to end up in court

By Scott Cousins
Staff writer

The Venice School Board's hearing for suspended Superintendent James Doughty has been postponed until Aug. 31.

But even with the hearing had been set for Friday evening and four members of the board met in executive session, but acting Superintendent Robert Vickers said the hearing was postponed at the request of Doughty's attorney, Charles Ford.

Doughty did not attend Friday's hearing.

The next hearing date will be 6 p.m. Aug. 31 at the board office.

Ford said Monday that he had requested the hearing be postponed for a "variety of reasons."

He said that he had requested documents, a list of witnesses and subpoena his own witnesses, but as of Friday evening, he had received nothing except a fax of some documents.

He said he had proposed with some kind of a hearing," Ford said. "I've been told by the school board attorney that the kind of hearing he intends

"I believe they'll (the Venice School Board) proceed with some kind of hearing. I've been told by the school board attorney that the kind of hearing he intends to conduct is not what I'm wanting."

Charles Ford
James Doughty's attorney

to conduct is not what I'm wanting."

"If they don't provide him a process, that will just be another part of the lawsuit," he said.

Ford added that a lawsuit will almost certainly be filed, but he doesn't want it at wouldn't: "I just don't see him walking away," Ford said.

After the hearing was suspended, the four board members present, Board President Alvester Salmonid, Tyrone Q. Foy, Metro Pierce and Bill Tamm, decided to meet in executive session for some time.

Doughty had initially been suspended on July 6, and on July 22, the board voted 6-1 to send Doughty a letter notifying of their intent to terminate his contract.

Vickers was appointed a few days later, but can only serve up to 100 days. Vickers has

said that whatever the board decides to do, the process needs to begin soon.

Under Doughty, the district has been facing increasing turmoil, including findings that more than one-third of its employees are non-unionists and it might have to pay back an estimated \$1.1 million in state aid (this has been a long-standing problem between the two school districts); large numbers of grievances and unfair labor complaints filed by both teacher and support staff; and a split board; and extremely vocal opposition.

Doughty has two years remaining on a three-year contract. His salary is about \$85,000 per year. With benefits and vacation time, he has earned about \$100,000 and will owe him approximately \$200,000 for those two years if it decided to buy out his contract.

Although the area is

Police Blotter

• Granite City Police BURGLARY: A motorcycle was stolen recently from a garage at Venice Lane. According to a police report, there were no signs of forced entry. The bike was stolen Aug. 5. It was valued at \$100.

• Garage burglary occurred recently in the 1300 block of Rhodes.

According to a police report, more than \$500 in cash was taken between 10:30 p.m. Monday and 6 a.m. Tuesday. Police are investigating.

• A garage burglary occurred recently in the 3000 block of Circle. According to a police report, the victim was through a window that was removed. The burglary occurred between 7 p.m. Monday and 8 a.m. Tuesday. Items valued at \$100 were taken. Police are investigating and have two suspects.

• Madison Police

• FIGHTING: Four men were charged with fighting and assault by Madison police in three separate incidents Wednesday and early Thursday morning.

• Daniel Lee Strong, 20, of Sixth Street, was charged with assault and disorderly conduct after an incident near the 2000 block of Fifth Street.

• David Edmund Dickens, 57, of the 1200 block of Madison Avenue, Madison, was charged with battery and assault, and assault, after an incident in the 1200 block of Madison Avenue. He was released after posting \$500 in bail.

• Dominic D. Dunnivant, 27, of the 1400 block of Sixth Street, Madison, was charged. He was released on no bond.

In another incident, Jack R. Watson, 20, of Bissell's Lodge in Collinsville, was charged with assault, criminal damage to property and public indecency after he was arrested in the 1100 block of Madison Avenue.

Further information was unavailable.

Venice Police

• ASSAULT: A Venice woman reported that she was threatened by a man Tuesday at the Lee Wright home.

The woman told police she was getting out of her car when a man approached her and threatened to kill her and her son.

Police reported that earlier that day the woman reported that the man had been banging on her door.

• DRUG CHARGES: A Venice man was charged after police found what they believe was marijuana in his car during a traffic stop.

• Christopher Haynes, 21, of the 1500 block of Bissell, Venice, was charged with resisting arrest and illegal possession of cannabis.

According to reports, a Venice police and a U.S. marshal spotted Haynes driving and failing to stop for failure to appear on charges of operating an uninsured motor vehicle driving a car in the 1500 block of Bissell.

When Haynes spotted the officers, he allegedly tried to hide the car, but was stopped and something to the trunk and ran away.

Marshals apprehended Haynes a short time later and when police searched the car, police discovered a bag containing suspected cannabis in the trunk.

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Jennison-Wright cleanup site subject of hearing

Former industry has contaminated soil

By Scott Cousins
Staff writer

A public hearing on the proposed \$10.5 million cleanup plan by the Illinois Environmental Protection Agency for the Jennison-Wright Superfund site in Granite City will be held Thursday evening.

The hearing will take place at 7 p.m. at Nelson High School Township Hall, 2050 Delmar.

The 18-acre site is located at 900 W. 22nd St. and was used to manufacture railroad ties and other wood products.

fenced, officials said there is a danger to people — especially children — might wander into the site.

To clean the site, the IEPA plans to remove the contaminated soil for the clay-lined bermed area for the contaminated soil.

Naturally-occurring microbes in the soil can break down chemicals, but the IEPA has to create the proper conditions — such as heat and moisture levels.

The other contamination problem is the soil containing creosote and coal tar. Over the years, that material has leeched into the soil. To remove it, the IEPA plans to pump hot water and steam into the soil to loosen it, then pump the contaminates out with the water.

It will probably take about one year for construction, then about six years to treat the soil.

When finished, the land

could be used for industrial or commercial development.

If the U.S. EPA approves and funding is made available, construction could begin in spring 2000 and be completed by that summer.

Documents relating to the cleanup are available for viewing from 9 a.m. to 9 p.m. Monday and Wednesday and from 9 a.m. to 5 p.m. Tuesday, Thursday, Friday and Saturday at the Granite City Public Library, 2001 Delmar, Granite City.

A 30-day public comment period began July 30. Written comments should be made to John Williams, Hearing Officer, Division of Legal Counsel, Illinois EPA, Box 19276, Springfield, Ill., 62794-9276, or call (217) 782-5544 (voice) or (217) 782-9143 (TDD).

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D-10 "Hunan Chicken
D-11 Moo Goo Gai Pan
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Summer vacation winding down

Venice schools reopen Monday; Granite City, Madison Tuesday

By Scott Cousins
and
Michael Heil
Staff writers

Summer vacation is drawing to a close for students throughout the Tri-Cities.

The area's public school districts will be beginning classes for the 1999-2000 school year with in the next week.

Venice School District students will be the first back into school with a half-day session Monday.

New students entering the

district can register for classes at the Venice Elementary School from 8:30-11 a.m. and from 1-3:30 p.m. Monday through Friday.

Students registering are required to bring a birth certificate, immunization records, dental records and valid proof of residency, such as utility bill in the parent or guardian's name. Guardians other than parents must provide legal documentation of guardianship.

Transfer students must obtain a school physical prior to the start of classes and those coming from another school district must have appropriate student

transfer forms from the school.

In the Madison School District, students will start with a half-day session Tuesday. The district will operate on a heat schedule Aug. 22.

During those three days, Madison High School will be in session from 6:55 a.m. to 12:40 p.m.; Madison Middle School from 7:30 a.m. to 1 p.m.; and the elementary schools from 7:40 a.m. to 1:10 p.m. Breakfast will not be served on those days.

Students can register from 8 a.m. to 2:30 p.m. this week at the schools.

Granite City schools will

also resume classes Tuesday with regular hours. Granite

City High School holds

classes from 8 a.m. to 3:07

p.m., while elementary

schools will run from

8:30 a.m. to 2:35 p.m.,

except for Maryville

Elementary. Classes there

begin at 8 a.m. and conclude

at 1:15 p.m.

At Grigsby Middle School,

classes run from 8:20 a.m.

to 2:35 p.m., while Coolidge

Middle School holds classes

from 8:30 a.m. to 1:10 p.m.

Students registering for

school are required to bring

immunization records, valid

proof of residency with

parent's name, a birth

certificate and dental

records. Guardians must

provide legal documentation as well.



John Swistak Jr. photo

Pet of the Week

Babe is a tiny female, 9-week-old puppy who's mother may have been a shar-pei/chow mix; her daddy may have been a travlin' man. Her owner never reclaimed her after she suffered an eye injury. She is smart, friendly, loves people and is recovering well. To adopt her, call ARRF Animal Rescue at 214-1223. To help with ARRF's veterinary bills, donations may be sent to ARRF of Southwestern Illinois, P.O. Box 397, Caseyville, 62232.

OSHA issues citations in GC Steel fatality

By Michael Heil

Staff writer

GRANITE CITY

The U.S.

Dept.

ment of Labor's Occupational Safety and Health Administration has issued citations against a safety and health violations to DSI Constructors, Inc., in

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According to Peggy

Zweber, OSHA's area

director, the agency

issued a serious

citation because of

the firm's failure to

perform adequate

safety and health

inspections over a two-day

period to detect and correct

fall hazards.

In addition, willful

violations were issued for

failure to provide adequate

conventional fall protection

for employees working in an

open-sided platform and

allowing work to proceed

without the use of an

anchor point or lifeline from

part of a missing quad rail.

DSI is 15 working days

to correct the citations and

process penalties before

the independent

Occupational Safety and

Health Review Commission.

OSHA also issued a serious

citation because there

was substantial probability

that a death or serious

physical injury could result

from a hazardous condition

in which the employer knew

or should have known about.

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DSI is

The Big Picture

Townships try to stay useful in modern age

Advocates say the township form of government is adapting to meet modern needs, but critiques say townships are no longer necessary

By Mike Myers
Staff writer

Except for the name, townships get a lot of the same criticism today in Madison and St. Clair counties as would not be recognized by citizens of the distant, and even not-so-distant, past.

When township government came to Illinois territory, it was the way for individual and often far-flung communities a local government to provide for the general welfare of the citizens.

All the citizens of the community would gather at least once a year, often at first under the shade of a large tree and later in community halls, to set the agenda for the coming year.

The big local issues at the time were schools, law enforcement, and locally-held land and roads. Depending on the needs of community, some areas were stressed over others. But, all townships had at least a constable, a judge and a school superintendent.

Today, most of the area townships have a constable or judge. None of them run its own school, either.

Area townships have evolved over the years to meet the needs of individual communities and now what area townships do in their self-preserved roles vary as widely as it is nearly impossible to make any generalizations.

Belleville Township Supervisor Dennis Korte said general assistance or relief is the major role of the township. The township administers state and federal welfare programs and, Korte said, "If we cannot help directly,

ly, we serve as a referral agency for other social agencies."

He said Belleville Township has good relationships with various food pantries and other agencies.

Another major township function, Korte said, is the its senior programs. The township also assists the American Association of Retired Persons.

Because Belleville Township is coextensive with the City of Belleville, the township has no role in road or street repairs or general upkeep of buildings and property.

Just outside Belleville in St. Clair County's Stookey Township, Supervisor Jim Ellison said there is currently only one active general assistance case in the township.

There, he said, roads and road upkeep are a major township function.

"The highway commissioner keeps them repaired, of course, but also are the emergency situations like winter ice and snow removal," Ellison said.

Another major role is policing neighborhood appearance, Ellison said.

"We help our citizens keep our neighborhood clean," he said. "We keep junk out of yards, make them out, learn grass cut, all those kind of things."

"I'll bet you there isn't a day that goes by, especially a day of year, when we don't get a call."

For most Stookey Township residents, however, sewer bills are their connection to the

township. Stookey operates its own sewage treatment plant and the average resident using 2,000 gallons of water a month pays.

"I'm betting that's the lowest rate you're going to find in the area," Ellison said.

In Chouteau Township in Madison County, roads are a major township role.

"We have a lot of roads we keep in top shape," said Township Supervisor Patricia Polley.

General assistance programs and particularly the energy assistance program is another important township role.

But perhaps the most visible role of Chouteau Township is its contribution to the community through its township hall.

"It's used by everybody in the community, from scouts to veterans to whoever," Polley said.

"There's always someone holding something."

For many years Collinsville Township has stressed its senior services and its senior center and its programs.

These senior services have drawn delegations from across the state, and come from governments who want to learn from its success.

"Our secret is director Al Tognarelli, who is also the town clerk," said Collinsville Township Supervisor Dennis Korte.

"He does a marvelous job working with people and is simply the best."

The township pays Tognarelli's salary and upkeep of the building, Korte said.

"Our seniors pay the rest themselves. I think we're one of the only ones to work that way."

General assistance remains



Collinsville Township seniors line dance at the township's Senior Center.

T.L. Witt photo

a big part of the township, Allan said, "and probably always will for any township that's on job."

"Things are not as bad right now, there are a lot of jobs and a lot of people looking for work," he said. "But there are always some who need help. It's a roller-coaster kind of thing."

Collinsville Township, which includes parts of Glen Carbon, Portage Beach and Marvynville and the portion of Collinsville in Madison County, also has some roads it maintains.

"Our road commissioner is also the best in the country," Allan said.

Venice Township in Madison County is one of many who have looked to Collinsville Township's Senior Center as a model for their plans.

While Justice Township includes two cities — Madison and Venice — it also includes unincorporated areas like the Eagle Falls and Rock Road neighborhoods. Like Stookey Township, Justice Township Supervisor Andy Economy said policing the

appearance of neighborhoods, particularly junk and derelict buildings, makes up a lot of the township's day-to-day business.

It might be expected in a area that suffered economic depression for many years, Venice was one named one of the 10 poorest cities in America — Venice Township's general assistance programs are large enough to be a life

longer than the past.

Through the years, the cities of Venice and Madison were often in a near state of war when it came to economic development and federal and state funding. Economy said an important role of Venice Township today is to make sure those war-like days stay in the past.

"It's not really a matter of power, it's a matter of getting along," Economy said. "We have a really good relationship with the cities and can sit down one-on-one, and get our ducks in order."

"It's not who's going to get what anymore, but 'what can we do to help everyone.' We work a lot like fire departments who mutual aid and share and give each other a hand."

Something as simple as an upcoming cleanup day can become a big operation benefitting the entire community, Economy said.

"You combine our resources with the resources of each of the cities and it's a lot more effective," he said. "It's a lot more things," he said. "If they've got trucks and we've got other trucks and they've got other equipment and we figure out a way to put it all together and make it work everyone's

will."

Townships still call all the citizens of the community together once a year for a town meeting, but almost all area township supervisors have used the term "town day" at the usual low attendance.

The shade trees are gone, but what has remained, however, is direct citizen input and, as a result, townships that directly reflect the priorities of their citizens.

Economy would be the first to say Venice Township is probably one of a kind.

"We can learn from each other, but I don't think we can copy each other," he said.

Belleville's Korte has pointed out the uniqueness of each of the area's townships and Stookey's Ellison said "our people tell us what they want us to be."

Monroe sticks with commissioners

In 1816, Monroe County skipped township form of government

When Monroe County formed in 1816, it decided to forego the township form of government and instead, be governed by three "gentlemen" elected in a county-wide election.

And so — although they're now called commissioners — it has been ever since.

County Chairman Bob Rippelmeier said he had never really thought about the county being governed any other way.

"We've really had no problem with the three-person board," he said. "We've been doing real well for a lot of years and I guess there's never been any reason to think about changing."

Of the 102 counties in Illinois, only 17 are governed by commissions. A few of

those, he said, have divided into districts for their commissioners rather than electing them at large.

If Monroe County continues to grow, Rippelmeier said it is possible it may also decide to establish districts.

"I could see that down the road, that's possible but it would have to come from the people," he said.

"I don't know of anyone talking about it now."

For the most part, Rippelmeier said, the commissioners' districts are

basically just legislative.

"We have no authority over the elected officials — the two clerks, the sheriff and now the assessor," he said.

"They hire their own people and don't have any say and run their own department."

Bob Rippelmeier County chairman

Voter apathy often saves township government

Several years ago in Granite City Township, the amount spent administering the general assistance program, salaries, supplies, etc. — slightly exceeded the amount of money given in general assistance.

At the time, then-Alderman Dan Partney said he doubted it will ever happen, especially now.

"You make all the calls you can and I'll bet you won't find one politician who will stand up for the township," he said. "It's a question of what something the voters care about. Of course, if you look at the last election returns, most of the voters don't care about anything enough to vote."

In the case of contiguous townships, Partney said. "There is absolutely no doubt the cities can provide the same services the township provides better and more efficiently."

"There's a lot of voters who care if that necessarily means they will. It's a fair question. I think, Who do you trust? Someone you know, even if you know they're not perfect, or someone you don't know?"

Partney said townships, like everything else in politics, will continue status quo until the voters get involved and force a change.

And in the case of townships, he said, "It's not going to happen anytime soon, probably not in my or your lifetime."

"What's the issue?" he asked. "Are they doing anything wrong? Face it, they're not that

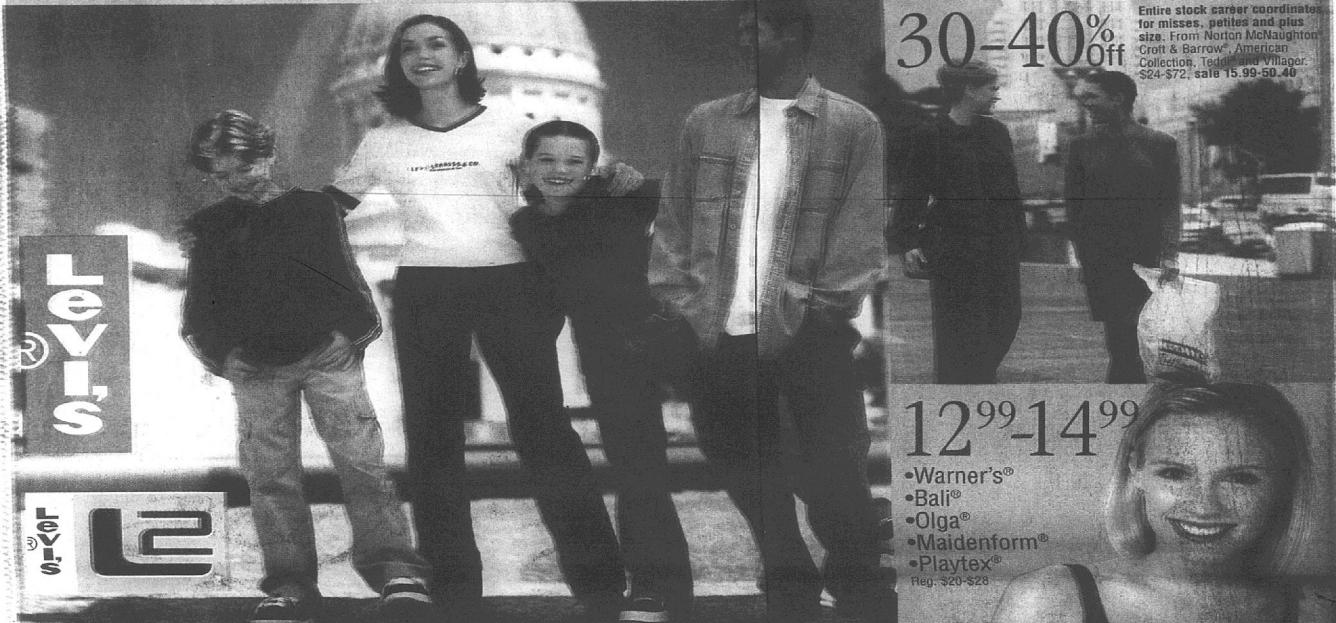
"Townships are not that big an item on the tax bill and most people don't know or particularly care what they do. They don't need township services, but figure someone does and it doesn't cost that much. Things might be done better, but who's going to say 'Vote for me and you'll see a little improvement.'"

Dan Partney
Former Granite City alderman

big an item on the tax bill — not like schools — and most people don't know or particularly care what they do. They don't need township services, but figure someone does and it doesn't cost that much. Things might be done better, but who's going to say 'Vote for me and you'll see a little improvement' — no one who's going to get elected."

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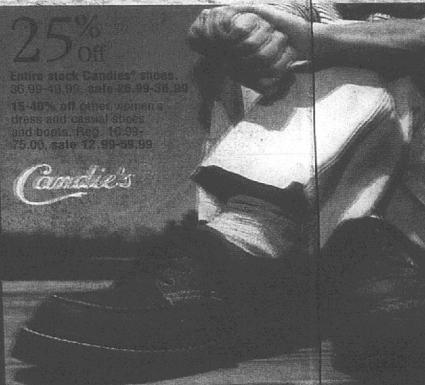


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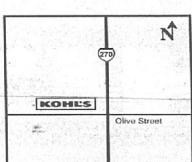


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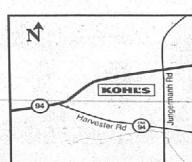
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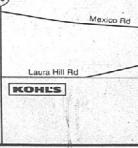
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Girls learned valuable lessons participating in 'Annie'

Thousands of children enjoyed the recent Muny production of "Annie."

Talented 10-year-old Lauren DeLucia starred with poise and confidence as the orphan, Annie.



Dennis O'Brien

FAMILY MATTERS

Although she had appeared on the Muny stage five times previously, Lauren's job was to be Annie represented a huge step forward, and she grew right into the challenge. She rehearsed with unflappable professionalism, related warmly to other

children and performed flawlessly.

Participating in a Muny production illustrates many of the characteristics parents should encourage in extracurricular activities. Let me explain.

More than a thousand children auditioned for Muny roles last March, and some 150 were selected to appear in productions.

Rehearsals for the 86 girls selected to be orphans in "Annie" began July 1 for the production's opening July 12.

With such a short time to prepare, rehearsal days were long, hot and intense.

However, the girls' choreographer Mark Krupinski is a charismatic teacher, and soon the routines took shape and the kids were ready to begin working with the adult principals under the direction

of choreographer Liza Gennaro and director Charles Repole.

Rehearsals merged into actual run-throughs and climaxed with a dress rehearsal on Saturday night to 4:30 a.m. the Sunday before "Annie" opened. After tune-up rehearsals on Sunday and Monday, afternoons the play opened on Monday evening and was a resounding success for both the 80,000 who saw it and the 86 children who gave it life.

When I mentioned to Gennaro how wonderful the production was opening night, she responded, "It should be because we worked them all day."

They had worked the cast hard, but they also had worked them smart, knowing what they wanted them to do.

During rehearsals the children learned important lessons in of

patience, discipline and doing a job well.

The girls' on-stage teamwork was obvious, but their on-stage performances were not the only small part of their time together.

The girls practiced individually with one another, played cards, ate and relaxed together, endured the heat and shared the excitement of success together. It was an important experience of learning how to work with others to create something wonderful and forging special friendships.

Participating also provided an opportunity for individual growth.

For example, my daughter Jessen had enjoyed small roles in Muny productions each of the two previous summers.

Being on stage motivated her to work to improve her

skills.

This year, she was selected to be one of seven "special orphans" who were on stage frequently with the principals.

She and her friends are learning that practice leads to improved skills and opens up more opportunities to perform, and that builds confidence and strengthens their resolve to improve.

Here are some questions parents can use to evaluate an extracurricular program:

Is the activity fun for your child?

Is there an emphasis on cooperation and teamwork?

Does the experience provide opportunities for personal growth? Are there expanding personal recognitions?

Are the professionals in

charge competent? Are they narrowly focused

on evaluating and using talent, or do they follow a developmental approach and help children improve?

Do the parents involve stress cooperation?

Are they supportive of your child's development?

If you can answer "Yes" to most of these questions, chances are your child will be involved in a healthy extracurricular activity.

Dennis O'Brien is a licensed clinical social worker, experienced educator and therapist, and executive director of Zink the Zebra Foundation, St. Louis, an organization serving medically fragile children.

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Darr, county settle termination lawsuit

Continued from Page 1A

since Darr's departure by Jack Quigley.

"This settlement ends the county's liability to him and ends his employment with the county," County Administrator Jim Monday said.

Darr filed suit shortly after he was terminated, asking a court to reverse the decision based on the claim that he did not get a chance to cross-examine witnesses against him and that he was not fully apprised of the evidence against him.

Callis ruled in April to

reverse Darr's termination and remanded the employment question back to the full Madison County Board with instructions to grant Darr another hearing.

The panel ruled that Darr should be fully apprised of the evidence against him and be allowed the opportunity to cross-examine witnesses.

Gilbert said the County Board was given back the case and decided to forgo another hearing in favor of settling the case.

Now Darr nor his attorney, William Lucco, could be reached for comment.

Ram Tough 200 scheduled Friday at GIR

Continued from Page 1A

as grand marshal at the race. The gates open at noon on Friday.

"I've always considered it an honor to be asked to be grand marshal for these types of events and this one is extra-special," Petty said.

"I'm looking forward to a great race this year," Petty added. "The NASCAR

Craftsman Truck Series made a successful debut there last year and we hope to build a strong NASCAR tradition in the area.

"If fans want to see NASCAR racing at its best, this Friday night should be a good one."

Fans will also get an early chance to watch drivers Wednesday evening. The

evening testing session will be open to season ticket holders and fans who bring a donation of non-perishable food items for Operation Food Search.

The gates will open at 5 p.m. Fans will be able to watch from the outside. The infield will not be open to the public that evening. The concession stands will also be open and a band will be playing from 7 to 9 p.m. behind the main grandstand.

After the testing, several truck series drivers will meet with fans in the picnic area from 8:15 to 9 p.m.

On Thursday, truck series practice will be from 3 to 5 p.m., with Bud Pole qualifying around the 1.25-mile oval taking place at 6 p.m.

The final truck series practice will be from 8 to 9 p.m.

On Friday, the Re/Max practice will be from 1 to 2 p.m., with qualifying at 3:30.

Patio Restaurant reopens with new name

Continued from Page 1A

fast entrees, soups and salads and a variety of sandwiches.

Sunday diners are especially in for a treat. Culinary specialist Susan Downard will be preparing the special of the day, which might be pan-fried

chicken tossed over tasty noodles.

"You won't be disappointed," Downard said.

Breakfast is about \$2.50 per person and the sandwiches average around \$4.

The cost for a meal for a family of three is about \$14, including drinks and the soup of the day.

All proceeds from the operations at Immanuel's will go to buy food and clothing for the needy who use The Community Center.

"The business is like a fund-raiser," Stuart, the center's executive director, said.

"Whatever we make here will go to the center to help many people in our area."

Merrifield arraignment expected Tuesday

Woman accused of killing sister for newborn

By Val McDowell
Staff writer

The Madison County Sheriff's department said that

MADISON COUNTY
Fairview Heights woman charged

with murdering her sister will likely be arraigned next week.

"We have been so busy that time hasn't been set yet, but I suspect the arraignment will likely be early this week, possibly Tuesday," Madison County Sheriff Bob Churchich said Monday morning.

Churchich said that Sandra Merrifield, 22, had been charged with first degree murder by Madison County prosecutors. To date, Merrifield has yet to be assigned a public defender, he said.

She is currently in the Madison County Jail, held, charged with the killing of her sister, Jossie L. Merrifield, 18, Thursday, the Re/Max and attempting to claim her sister's newborn baby as her own.

Jossie Merrifield, who lived with her mother, died Saturday morning. Churchich said that Sandra Merrifield, 22, had been charged with first degree murder by Madison County prosecutors. To date, Merrifield has yet to be assigned a public defender, he said.

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the Re/Max and attempting to claim her sister's newborn baby as her own.

Jossie Merrifield, who lived with her mother, died Saturday morning. Churchich said that Sandra Merrifield, 22, had been charged with first degree murder by Madison County prosecutors. To date, Merrifield has yet to be assigned a public defender, he said.

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U.S. breast cancer research stamp marks first birthday

Nearly \$8M raised for fight against disease

By April Calvin
Staff writer

Postal customers are helping stamp out breast cancer just by spending seven cents more for first class postage.

METRO EAST — Celebrating its one-year

pennies more per stamp, all citizens have the opportunity to actively fight the disease by raising meaningful research funds."

According to Costello, Legislative Correspondent Emily Gibbons, the money raised is split between the National Institute of Health and the Department of Defense.

Congress first appropriated funds for breast cancer research in 1992 when it became evident that the job needed attention, but the cancer research budget could not be increased.

The National Breast Cancer Coalition, an organization of breast cancer survivors and activists, appealed to Congress to increase efforts resulting in an additional investment of \$25 million in 1992.

"Simply by paying a few

anniversary last week, the U.S. Postal Service's Breast Cancer Research stamp has raised nearly \$8 million. The first of its kind, the stamp sells for 40 cents.

"Breast cancer is an insidious disease which is a terrible disease for women," said U.S. Rep. Jerry Costello (D-Belleville).

"Every three minutes a

woman diagnosed with

and every 12 minutes a woman

dies of breast cancer.

"Simply by paying a few

pennies more per stamp, all citizens have the opportunity to actively fight the disease by raising meaningful research funds."

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The DoD solicits proposals from civilian researchers, awarding funds following a peer review by a panel of experts.

The postal service is currently considering other voluntary 40 cent research stamps for such diseases as Alzheimer's and diabetes, said Gibbons.

New county voting system could be in place by March

'Opti-scan' would replace old-line punch cards

By Sanford J. Schmidt
Staff writer

Voters will be using a new "opti-scan" voting system next March if the full Madison County Board goes along with a recommendation from the Finance Committee made Thursday.

The committee voted 4-0 to set aside \$300,000 already in hand from the capital projects budget to fund the equipment after Madison County Clerk Mark Von Nida recommended the change.

Von Nida has had new systems under study for about a year. He said the new system would be more quicker and more accurate than the existing punch card system, which represents 30-year-old technology.

Von Nida held an exhibition in June to make county officials and other residents familiar with various new types of equipment. He said the system looks to have the votes as they are being made, so the process of closing out the voting booths is almost instant.

At the same time, the existing system is becoming less reliable and harder to keep up.

"It's out of date and expensive to maintain," Von Nida said.

He said the system allows voters to fill in blank ovals, which are read by an electronic scanner. The paper ballots are saved as a backup, he said.

"One of the advantages of opti-scan is that you can also count the votes by hand," Von Nida said.

Von Nida said the new system will not allow a return of voting judges but will allow the judges to

concentrate on keeping the vote honest.

"It will give them the time to pay attention to what we want them to pay attention to," he said.

The judges will also have the advantage of getting out of the public eye at 5 a.m. Most results should be ready to go to the County Clerk's Office by 8 p.m., instead of as late as midnight under the current system.

One of the troubles with hiring enough election judges is the amount of time they are having to put into election day, Von Nida said.

Finance Committee Chairman Bill Little said he and Von Nida have been studying new voting equipment for about a year, and he supports the opti-scan type.

There are two companies that supply such equipment and the county will expect the successful bidder to help.

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News

Organizations

Weekly

EAGLE PARK ACRE SENIORS OF MADISON COUNTY meet at 10 a.m. to noon, Thursdays at 10 Hill St. (rear), Eagle Park Acres, Madison.

GRANITE CITY COMMUNITY SANG rehearsals are from 7:30 p.m. to 9 p.m. Thursdays at St. John United Church of Christ, 2901 Nameoki Rd., Granite City. For information, call 931-0443.

HURS JOLLY QUILTERS meet from 9 a.m. to 2 p.m. Thursdays at the Social Center, 908 Thorngate Dr., Mitchell.

MADISON COMMUNITY ACTION GROUP meets at 7 p.m., Wednesdays at the County by 8 p.m., at the community system. Troubles with election judges of time they are due in election day, committee.

Little said he have been equipment, and he put-scan type. Two companies each equipment expect bidder to help.

Monthly

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For Large Local
Professional Hair Show.
For More Info.
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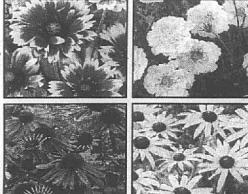
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Overland 8901 Page (314) 429-5155 Fairview Hts., IL 110 Commerce Lane (618) 387-1251

Support Groups

Weekly

Lutheran Church, 150 Wilma Drive, Collinsville. To schedule an appointment, call 344-8040.

DEPRESSIVE MANIC DEPRESSIVE ASSOCIATION OF MADISON COUNTY meets from 1 to 3 p.m. Friday at the Elizabeth Medical Center in the Miloski Room, located in the basement. For more information, call the DMDA office at (314) 778-3861.

DISPENSED SUPPORT GROUP, sponsored by Eden United Church of Christ and Hoyeton Youth and Family Services' Family Care Program in Edenville, meets at 7 p.m. Wednesdays. All divorced or separated persons are welcome. These meetings are closed except for the last Wednesday of the month.

ALCOHOLICS ANONYMOUS meets at 8 p.m. Wednesdays, St. Elizabeth Medical Center, 2116 Edison, Granite City. Call toll-free (800) 307-6600 for more information.

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Take some ADVICE; choose money professional wisely

Like most people, you probably have some important goals to achieve.

You may want to pay for your children's college education, or you may want to purchase a vacation home. And you certainly want to be able to enjoy a comfortable retirement.

To achieve these and other objectives, you will need to create a solid, long-term financial plan. And you may well want to enlist an expert to help you do that.

How can you find the right financial professional for your individual needs? Start by asking your friends and relatives for a recommendation. Then, after you've collected a few referrals, conduct some interviews. Ask the professionals how they work, what they specialize in, and if they've had experience helping people in situations similar to yours.

It's extremely important that you feel a good rapport with the person you choose — after all, he or she will be helping you make some very important financial decisions that have a major impact on your life. Once you have selected a financial professional to work with, what can you expect?

For starters, The Forum for Investor Advice (FIA), the national association of the financial services industry, has some suggestions.

To make them easy to



Jeff Prosser

remember, the FIA has developed the acronym ADVICE, which stands for the following traits:

- **Accountable** — Financial professionals should make suitable recommendations based on their knowledge of the investment world and on the information they've gathered about your financial needs and goals. Furthermore, a financial consultant should suggest ways you can adjust your portfolio in response to changes in the financial markets and in your personal situation.

- **Dependable** — A financial professional should provide advice based on the knowledge and judgement that result from training and experience. A professional's skills should also be supported by current technology.

- **Valuable** — Your financial

consultant should add value by providing information and expertise that you might otherwise not have access to.

- **Individualized** — All recommendations coming from a financial professional should be tailored to your individual circumstances. Your financial consultant should recommend only products and services that fit within your tolerance for risk, your investment preferences and your time horizon.

- **Caring** — A financial professional must be sensitive to your family situation, your investment personality and your preferred methods of interaction.

- **Educational** — A financial professional should provide you with clear, comprehensive, objective and timely information to help you understand your investment choices. And your financial consultant should be able — and willing — to take the time necessary to explain anything that is unclear to you.

Remember, when you're working with a financial professional, you're not just buying an investment — you're building a relationship.

That's why it's important that you select a professional who will provide you with the right ADVICE.

Annual MS Walk scheduled for Wilson Park Sept. 11

Beth Ann Cline is chair of the National Multiple Sclerosis Society's MS Walk, scheduled for Sept. 11 in Granite City. The MS Walk is scheduled to begin at 11 a.m. at Wilson Park Shelter.

Cline, a Granite City resident for 30 years, is chairing the MS Walk for the first time. She is also involved in a MS self-help group in the community.

"While raising money is the main purpose for this event, the MS Walk also provides a great opportunity for family, friends and co-workers to get together," Cline said. "Last year, 2,700 enthusiastic walkers raised more than \$320,000 for the Gateway Area Chapter of the National MS Society."

Combined with its spring MS Walks, the Gateway Area Chapter's goal is to raise \$100,000 for research into the cause, cure and treatments of multiple sclerosis. Funds raised will

also support services provided by the Gateway Area Chapter for Granite City and throughout its 90-county service area.

"Beth and area volunteers are working hard to make this year's walk a record-breaking success for Granite City," said Beth White, community development coordinator for the Gateway Area Chapter.

"Friends are welcome to be a part of this success by calling in to contribute, to volunteer or to walk."

For more information about the Granite City walk, or to register, call the National Multiple Sclerosis Society at (314) 781-9020 or toll-free 1-800 FIGHT-MS (344-4867).

The MS Walk is a nationally recognized fund-raising campaign being held at more than 700 sites across the country. In 1999, the Gateway Area Chapter is coordinating walks in 36 communities throughout

Missouri and Illinois. The Gateway Area Chapter offers services to more than 4,200 people living with MS and their families in 90 counties in Missouri and Illinois. Some programs include self-help groups, a Helpline for referral services, need-based financial assistance, therapeutic recreation, educational programming and more.

Multiple sclerosis is a chronic, often disabling, disease of the central nervous system. Symptoms may be mild, such as numbness in the limbs, or severe, up to paralysis or death.

Most people with MS are diagnosed between the ages of 20 and 40, but the unpredictable physical and emotional effects can be lifelong. The progress, severity and specific symptoms of MS in any one person cannot yet be predicted.

DEPRESSION

Clinical Research Associates of Edwardsville needs volunteers ages 18 and over with depression to participate in research studies comparing investigational drugs with available antidepressant medication and placebo. If you or someone you know has depression and would like to be considered for a study please give us a call. Symptoms include:

- **SADNESS, CRYING SPELLS**
- **LOSS OF INTEREST, IRRITABILITY**
- **HOPELESS AND HELPLESSNESS**
- **APPETITE OR WEIGHT CHANGE**
- **FATIGUE, SLEEP DISTURBANCE**
- **GUILT, WORRY, DEATH WISHES**

Suitable volunteer will receive a physical exam, lab tests and regular visits with a psychiatrist free of charge. Call Mary 618-659-0292, 9:30 a.m. - 4:00 p.m. Monday-Friday.

Clinical Research Associates

of Edwardsville, Lynn A. Cunningham M.D.

1121 University Drive
Edwardsville, Illinois 62025 (618) 659-0292

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Among the most common problems treated in the Wound Care and Limb Preservation Clinic are:

- Venous Stasis Ulcers
- Diabetic Ulcers
- Leg Ulcer

For an appointment:

Call Memorial's Marsh Cardiovascular Unit at (618) 257-5164. The Wound Care and Limb Preservation Clinic is held on Tuesdays in Memorial's Physical Therapy Department.

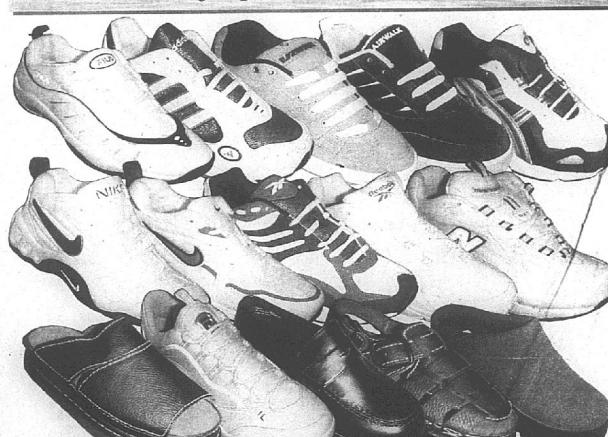


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Top team
Collinsville United
is Team of the Week
 Page 2B

Sports

sports on-line, www.yourjournal.com

Young manager
Seipp has success with
O'Fallon Junior Legion

Page 2B

Granite City's season rocky

Roster turnover was problem for the Steelers in 9-15 year

By Rick Broome
 Staff writer

The Granite City Steelers of the Mon-Clair Baseball League ended the 9-15, a disappointing finish for a team that was expected to take a shot at the title.

The Steelers' main problem was trying to field a consistent, full roster of ball players.

"Basically we ended the season with a totally new, different team than we started with," Granite City players/parents Brian Harshany said. "Guys were dropping off left and right and it was hard to find quality guys to replace them."

The Steelers' new a wrench to team chemistry.

"The main problem was that the guys didn't know each other," Harshany said. "We have the core group of guys don't know each other and aren't used to playing together, that makes life difficult on the team."

"Guys were dropping off left and right and it was hard to find quality guys to replace them."

Brian Harshany
 Steelers manager

Despite the poor team finish, several of the Steelers had successful individual seasons.

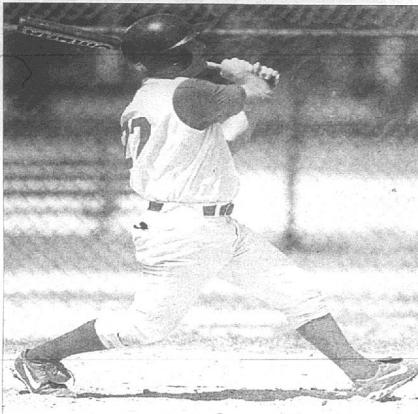
Harshany batted .333 with three home runs and 14 runs batted in.

Mark Briggs batted .260 with two home runs and 13 runs batted in.

Utility man P.J. Perucia hit .314 and Brett Kisko batted .302.

Josh Starwalt had the highest average, going 4 for 11. But Starwalt was a relief pitcher. The mound was where Starwalt made his bigger contribution.

"Josh did a real good job in relief," Harshany said. "He did really well for us. P.J. Perucia could pretty much play any position and that helped us



Tim Stephenson photo
 Mark Briggs of the Granite City Steelers hit .260 with two home runs and 13 runs batted in this summer.

out a lot. Pete Kleemann had a really good year for us. He was 3-2, but he should have had a much better record. He had a 3.27 ERA, but he didn't get much run support."

The Steelers spent much of the summer dealing with a slumbering lumber.

"Run support was our main problem," Harshany said. "We had a really solid defense that

didn't make many errors, and we had good pitching. Our offense just didn't help us out a lot."

Harshany hopes the absenteem flees next summer and the current group can lead a return to better times.

See STEELERS, Page 3B

Mon-Clair series halted by melee

Buds-Lakers game's fate to be decided at Monday meeting

By Garen Vartanian
 Staff writer

The Mon-Clair Baseball League championship game was halted by an incident during the contest Sunday at Waterloo.

See MON-CLAIR, Page 3B

beautiful weekend of great baseball games," Mon-Clair League president Mel Patten said. "It was a really fun weekend up until that incident. That's terribly unfortunate, really, as do the players and the managers involved."

The fireworks started with one out in the top of the fourth inning.

After Mon-Clair's three-run homer gave the Lakers a 3-1 lead, Buds pitcher Brandon Musso hit Waterloo third baseman Craig Hoffmann with a pitch.

Following a strikeout, Musso walked off the batters' box and hit batter Jeff Riebeling. Already down one

pitch.

"What an unfortunate incident this was to end a

See MON-CLAIR, Page 3B

Warriors commence preparations for '99

Attitude and conditioning are keys to defending conference title

By Rick Broome
 Staff writer

In 1998, the Granite City soccer team captured the Southwestern Conference championship in a bit of a surprise.

On Monday, preparations began as the Warriors worked to defend that title this fall. High school soccer teams were allowed to begin their practices on Monday.

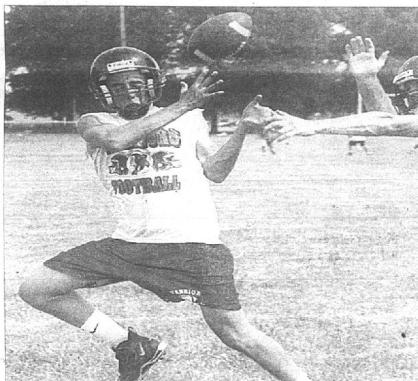
"We are working on getting the kids getting a general look at the personnel," Granite City head coach Gena Baker said. "We are working on the fundamentals and just getting them acquainted with the logistics of what we

will be doing for the next couple of weeks, at least. We got some new equipment in the spring, so we are introducing them to the equipment and how to use it. We have this stretch trainer, which I think will be very useful for us. We have the bike, which we feel would help us, as well as the other equipment which we usually use."

"Beyond that, we are really trying to work on having them acquire the kind of attitude that we want in order to create an atmosphere for winning."

Most of the personnel has gone down, and that may be true, but we have some kids that we feel very positive about and

See WARRIORS, Page 4B



Tim Stephenson photo
 A Granite City High School football player attempts to catch a pass during last week's practices. The Warriors open Aug. 27 at Cahokia.

Moehrs: 'Sad day' for league; Buds, Lakers see it differently

By Garen Vartanian
 Staff writer

Perhaps Waterloo manager Vern Moehrs best summed up the incident that occurred Sunday during the Mon-Clair Baseball League championship game.

"I think this is a sad day for the Mon-Clair League," Moehrs said.

Moehrs was referring to an altercation that took place between Waterloo and Buds in the fourth inning Sunday, which ultimately led to the game being suspended.

St. Louis' first base with out, Waterloo's Craig Hoffmann broke for second base on a hit and run. Buds catcher Jim Anderson fired to second, hitting Waterloo's Pitala, who applied the tag on Hoffmann.

Hoffmann spiked Pitala on the play, which caused a bench-clearing brawl and eventually forced umpires to call the game.

"It was a hit and run."

said a visibly shaken Hoffmann. "I guess the batter missed the pitch and I think he saw the ball and us up and Neil looked down at his leg and it was cut pretty bad... It's not a good way to end a game."

Waterloo manager Dennis Pieper said he did not think Hoffmann's slide was too high.

"The bad thing was the spike got caught and went down the leg rather than just one little spot," Pieper said. "I was him (Pitala). I'd be up there trying to see anybody get hurt, but at the same time, it was a legal situation. That's not the way that I think that should be played in that situation. You hate to see anybody hit like that."

Waterloo manager Vern Moehrs said he could not determine whether Hoffmann's slide was

See BUDS, Page 3B

No surprise: East St. Louis has compiled best record in the '90s

Flyers have won 79 of 105 games; Edwardsville next with 66 wins

By Brian Bretsch
 Staff writer

With one more football season left in this decade, East St. Louis has all but sealed the title as winningest Metro East football team in the 1990s.

The Flyers won 79 of the 105 games they played from 1990 to 1999.

Bob Shannon guided East St. Louis to more than half of those wins. During his stint in the early '90s, the Flyers posted a 30-1 record before Shannon resigned two games into the 1995 season.

Shannon also led the Flyers to the IHSA Class 6A championship in 1994.

The Flyers were the last Metro East team to win a state crown. Belleville Althoff was the only other Metro East team to win a title in the '90s, capturing the IHSA Class 5A title in 1990 for its second straight crown.

Terry Hill took the East St. Louis reigns in 1996 and has

guided the Flyers to a 19-12 mark. That record includes six forfeit losses during a teachers strike in 1997.

Edwardsville ranks second, with 66 of 90 games for a .733 winning percentage.

Tim Dougherty took over the Tigers program in 1992 and the squad has not suffered a losing season during his stint. In seven seasons, Dougherty has posted a 66-12 mark.

Dougherty, also Edwardsburg's athletic director, said the credit belongs to the players and a coaching staff that has remained almost completely intact since Dougherty's inaugural season at EHS.

"I guess it's due to the great kids who have invested a lot of time in the program," Dougherty said.

"Those first two or three teams, we were the key to the foundation and hard work. We're really fortunate the kids are willing to put the time we expect from them into it. Having a few good athletes doesn't hurt either. We've had

some gifted athletes."

Edwardsville's winning ways in the 1990s have included postseason appearances and success. The team has made the playoffs in the last four years, winning two games in 1995 and one each in '96 and '97.

"It's a second season,"

Dougherty said. "Many things have to fall into place, you have to get a few players and no injuries. The kids have to think beyond the ninth game of the season. We always expect to play beyond the ninth game. We have to have the kids need this or that down the road so the kids expect it (to make the playoffs)."

For the last two years, Waterloo's winningest program has followed Waterloo and Freeburg, which are fourth and fifth respectively.

Waterloo athletic director Rick Vogt said he is pleased with the players and the coaches for the Bulldogs success.

"It says a lot about our program," said Keefe, who begins his fifth year as Waterloo's AD this fall. "We're

Winning
 in the 1990s

School	W	L	Pct.
East St. Louis	79	28	.752
Edwardsville	66	24	.733
Freeburg	60	36	.592
Waterloo	61	30	.670
Triad	57	43	.563
Collinsville	51	54	.500
Columbia	56	34	.622
Dupo	58	35	.615
Belleville East	50	48	.511
Althoff	49	38	.563
East Lincoln	33	41	.449
Massie	35	47	.412
Collinsville West	26	53	.317
Collinsville	24	59	.289
Rid. Bus.	14	68	.175

*East St. Louis/Lincoln merged with East St. Louis prior to 1998-99 school year.

always competitive. We play a pretty good schedule. The kids work hard. We really have some hard-working athletes. And our coaches all work hard."

Tom Vogt, who is taking over the Bulldogs helm this



John Swistak Jr. photo
 Collinsville High School has just 24 wins in the 1990s with eight of those coming last year under coach Tim Kane.

See FLYERS, Page 4B

Sports

Seipp directed O'Fallon Juniors to 24 Ws

19-year-old
manager has spent
years around game

The American Legion baseball season that featured more than just Edwardsville's attempt to defend its state and national champion-
ships.



Art Voellinger
**Sports
Views**

VIEW — O'Fallon coach Matt Seipp may have set a record of sorts. In my years associated with

In my years associated with Legion ball, I cannot recall a coach as young as the 19-year-old Seipp, a sophomore-to-be at Illinois State University, having the success he had this summer. Although his team finished with a 24-19 record after stumbling in the second round of the Junior finals, the tourney represented a near coup for the former O'Fallon High second baseman and

In 1996, Matt was a member of the O'Fallon Junior Legion team that won a state championship and finished with a 31-9 record.

with a 31-9 record. Affiliated with the O'Fallon Legion since general manager Jim Cobb allowed him to be a bat boy at age 8, Matt is part of a Seipp tradition that has his cousin Scott Seipp managing the Senior team, dad Dennis maintaining the Blazier Field diamond and mom Gerri and sister Michelle assisting promotions.

"I really love coaching and would like to do it on the high school level," said Matt, who served as a student assistant his freshman year at ISU but could be a walk-on pitcher as a sophomore.

"I'm majoring in construction management, but am considering adding education as a second major,"

A leader of South Seven Conference championship teams in high school, Matt also played for the Post 137 Legion team but said there is a

team but said there is a noticeable difference between being a player and a coach.

O'Fallon tied Fairview Heights for first place in the

Heights for first place in the District 22 South Division during the regular season.

and I had good assistant coaches (Eric Buck and Andy Buehler). Matt Seipp maintained a thorough filing system and had the lineup card and scorebook for each game my coach had. I spent a lot of time going over the lineups and books before we'd play a team the second time," Matt said.

Taking time to study the game is not unusual for Matt, who apparently has been doing that since age 8.

Briefs

The fourth annual Lili and Roy Jen CHS Memorial Scholarship Fund golf tournament is slated for Sept. 25 at Belk Park Wood River.

The cost is \$75 per person or \$300 team. There will be two flights. Prizes will be awarded for the men's and women's long drive and three separate closest to the pin holes. First prize is \$500. Second prize is \$200. For information call Chuck, 232-4200.

\$200. For information call Chuck, Cook
'Kim at 345-9372.

Granite City Soccer Association
Team Reorganization
Dr. Silce (Maroon) Boys
Instructional League
Contact Sheryl Grote
931-3235



SPONSORED BY **DOBBS** *Cardinals* Team of the Week

Tournament champions

The Collinsville United Invasion under-10 girls soccer team won the Riverbend Eagles Father's Day Tournament, June 18-19. Members of the team are (from left to right): In front — Samantha Braeutigam, Megan Toebe, Kaitlyn Toebe, Ashley Womble, Melissa Ramsey, Kelli Hunsinger, Rebecca Holcomb; Second row — Morgan Elliott, Abby Adams, Ashley Sturniolo, Lindsey Rujawitz, Lauren Woods, Maddie Ligon and Abby Wooley. In back — coaches Jeff Ligon and Jeff Braeutigam.

Sports

Season-by-season records

School	1990	1991	1992	1993	1994	1995	1996	1997	1998
East St. Louis	12-1	13-1	9-2	9-3	8-3	9-4	9-2	3-6	7-4
Edwardsville	6-3	3-6	6-3	6-4	6-3	11-1	10-1	9-2	9-1
O'Fallon	8-3	8-2	3-6	5-4	8-2	9-1	6-3	6-4	7-3
Waterloo	5-4	6-4	5-4	13-1	7-4	8-2	6-3	5-4	6-4
Freeburg	8-2	5-4	6-4	6-4	7-3	9-4	9-2	6-4	5-4
Cahokia	5-4	4-5	6-4	9-3	6-3	8-3	7-3	8-1	4-5
Columbia	8-3	9-2	12-1	5-4	7-3	2-7	5-4	4-5	4-5
Dupo	11-1	8-2	4-5	8-2	10-3	2-7	2-7	5-4	6-4
Belleville East	6-4	5-4	4-5	8-2	7-3	4-5	3-6	7-3	6-4
Belleville Althoff	13-0	4-4	4-5	5-4	2-7	6-4	8-3	2-7	5-4
Mascoutah	11-1	5-4	2-7	4-5	5-4	3-6	4-5	0-9	1-8
Triad	3-6	8-2	2-7	1-8	2-7	6-4	9-2	3-6	1-8
Granite City	5-4	8-2	1-8	4-5	0-9	2-7	3-6	2-7	3-6
Belleville West	2-7	4-5	3-6	6-4	4-5	2-7	2-7	3-6	0-9
Collinsville	2-7	0-9	1-8	0-9	1-8	3-6	6-4	3-6	8-2
Red Bud	3-6	2-7	1-8	2-7	0-8	0-9	2-7	3-6	1-8
East St. Louis Lincoln	7-4	6-4	1-8	5-4	6-3	5-3	1-8	2-7	—

* East St. Louis Lincoln merged with East St. Louis prior to 1998-99 school year.

Flyers boast best football record in the '90s

Continued from Page 1B

—fall, has been a component in the Bulldogs consistency. Vogt and served as Varsity and defensive coordinator since 1986 before taking over for Steve Sengsgeter this fall.

"Being the defensive coordinator, I think the success has something to do with the defense keeping us in the game," said Vogt, who previously was Waterloo's head coach from 1983-1985.

While those five schools have been the cream of the crop, Red Bud, Collinsville, Belleville West, Granite City and Triad have not fared well in the 1990s.

All five schools have coaches who have been hired within the last four years.

Dennis Slep begins his first year at Belleville West. Paul Bassler of Triad and

Todd Rushing of Red Bud are entering their second campaigns while Collinsville's Tim Kane begins his third and Nick Petillo of Granite City enters his fourth.

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Warriors begin preparations for '99

Continued from Page 1B

we are trying to make that spread."

Positive attitude and physical conditioning are crucial to the Warriors' success.

"In our team discussion today, I told them some of our goals were attitude, work-rate, and being in position, and what's plays," Baker said. "Response is the key. We want responsive practices where a coach makes an investment in you as to, this is what you need to do, this is what you do not need to

do, we need to see that done immediately. It can't be just, well, you move this and then make the same mistake again. We're trying to just incorporate that all into having a disciplined team."

"We want to come together and be a team, but we are really interested in the character of the team. We are telling them that we are the way we're going to be and we simply will not tolerate some things, even on a one-time basis."

"It's a great place at the Warriors first practice also attended Baker's Warriors Kicker Camp in early June on the Granite City campus of Belleville Area College.

"It has shown on some of the kids," Baker said. "Richie Edwards has really come to the preseason camp in good condition, and I'm really pleased about that. Some of the other kids are in good condition, but the key is to be able to sustain it, because we can't afford to have too many injuries."

Granite City's schedule again will be difficult right from the start.

"We have Peoria Richwoods to start the season," Baker said. "I look forward to a tough away game against (St. Charles County, Mo.) Francis Howell Central. That team is terrific, they are going to be very good."

St.

By Brian
Staff Writer

A player in the future County pool there are other areas St. Louis Buzz Westfall may not pay a price to add salary increase million.

The new in the county plan to \$28,664 to increase. Westfall's plan would increase.

Mu

By Michael
Staff Writer

Chronic fatigue just parts of Scleritis, it affects most Americans. Keeping to a regular exercise routine, some tips on the debilitative disorder, the Scleritis Foundation's 1999 Education on Aug. 21 in Clayton.

The conference primarily deal with the

Free a

Do you need a living in your home? Do you condensation on the windows during the winter? You may have a problem.

In recent years, it has been shown that people break out more than the sun. Madison-St. Louis University's train-the-trainer titled "Indoor Sun Protection," on Tuesday, Aug. 24, at the Farm Bureau, 300 Hillsboro.

In this w

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St. Louis County police officers asking for pay raises

By Brian Hoener
Staff writer

A pay increase appears to be in the future for St. Louis County police officers to make them competitive with other area departments.

St. Louis County Executive Buzz Westfall has proposed a new pay plan that would provide additional police salary increases of about \$1.3 million.

The new pay plan would increase the starting pay of county police officers from \$28,664 to \$34,842, a 22 percent increase. According to Westfall's office, the new pay plan would not require a tax increase.

The following is a list of current starting salaries from St. Louis area police departments:

Maryland Heights, \$33,702; Ferguson, \$31,304; Creve Coeur, \$30,135; St. Louis County, \$29,664.

Additional improvements for other ranks in the county police department are also included in the proposed new plan.

Westfall said he believes the officers are well deserving.

"The St. Louis County Police Department is one of the finest police agencies in the United States, as evidenced by their international accreditation by the Commission on Accreditation for Law

Enforcement Agencies (CALEA) as well as their proven track record in reducing crime over the last several years," Westfall said in a release.

CALEA evaluates a police department's operating procedures, principles and standards.

"It speaks well for the quality of service and people we have," Westfall said.

Battelle said adding that the county police department is the largest local department in Missouri to receive this accreditation.

With approval from the St. Louis County Council, the new pay plan would be incorporated into the 2000

"We want to address the situation before it becomes a problem, which is why we've made the recommendation for the increase."

Ron Battelle
St. Louis County police chief

county executive know that county officers were in need of an increase," Battelle said. Battelle said it has been two years since the county adjusted officers' salaries. He said an increase would help retain officers who otherwise might consider leaving to work for a higher paying municipal police department.

"We want to address the situation before it becomes a problem, which is why we've made the recommendation for the increase," Battelle said. "We have to be fair to our officers; crime is down everywhere in St. Louis County," Wagener said. "It shows what a wonderful job they're doing."

Multiple Sclerosis Society plans its education conference for Saturday

By Michael Penrod
Staff writer

Neurological fatigue, numbness and body coordination are just parts of life with Multiple Sclerosis, a disease that affects more than 350,000 Americans.

Hoping to provide local residents and victims of MS some tips on how to cope with the debilitating neurological disorder, the National Multiple Sclerosis Society will host a 1999 Education Day conference on Aug. 21 at the Holiday Inn in Clayton.

The conference is aimed primarily at helping women deal with the disease, said

Todd Vasek, a spokesman for the organization.

Vasek said the conference will focus on women because they develop MS twice as often as men. Those with MS are drawing a blank as to what to do.

"In general, women, more than men, are susceptible to autoimmune diseases like MS."

He said the conference will discuss research issues, such as the role hormones play in the disease, as well as other topics such as sexuality, incontinence, sustaining and maintaining healthy relationships and motherhood with MS.

Vasek said one of the most

important issues on the agenda is general health and well being.

Pam Sullivan, a doctor of obstetrics and gynecology, suffers from MS and will be hosting that discussion.

She said victims of chronic diseases need to examine their overall health along with their ability to combat their respective diseases.

"When you become diagnosed with an illness like MS, it kind of consumes your whole life," Sullivan said.

"Sometimes people get discouraged and it forgets that they are still susceptible to heart disease, breast cancer and other illnesses."

"When you become diagnosed with an illness like MS, it kind of consumes your whole life. Sometimes people get distracted by it and forget that they are still susceptible to heart disease, breast cancer and other illnesses."

Dr. Pam Sullivan, Guest Speaker
Multiple Sclerosis Education Day

Admission to the conference is free, but participants are encouraged to make a reservation, contact the National Multiple Sclerosis Society at 781-9020 or 1-800-FIGHT-MS.

MS is a disease in which the body's own immune system

attacks the central nervous system, scarring the myelin, the protective coating.

Heavy scarring and pinching of the myelin disrupts nerve signals traveling to and from the brain, causing a loss of motor skills, numbness and fatigue.

Often MS goes misdiagnosed in its early stages because symptoms like numbness and fatigue are subjective and are easily identified through an MRI or other medical test.

MS most commonly strikes women between the ages of 30 and 50.

Free air quality workshop set at Farm Bureau auditorium

Do you notice odors lingering in the air of your home or office? Condensation on the inside of the windows in your home during the winter? If you do, you may have an indoor air problem.

In recent years studies have shown that the air people breathe inside their homes can be more polluted than the air outside. The Madison-St. Clair Unit of University of Illinois Extension will conduct a train-the-trainer workshop, titled "Indoor Air Quality," on Tuesday, Aug. 24, at 7 p.m., at the Madison County Farm Bureau auditorium, 909 Hildbrand, Edwardsville. In this workshop,

presented by Lois Smith, Extension Educator, participants will learn about indoor air pollutants, how to keep the pollutants out of the air, how to keep them from entering the home, and how to remove the pollutants.

This information is designed to train leaders of organizations or groups to retell the information presented in the workshop.

The workshop is free and open to the public with pre-registration requested. For further information, or to register, contact the University of Illinois Extension office at 692-7700.

Billy Graham crusade starting class for counselors

By Jim Morkel
Staff writer

About 12,000 people are going back to school next week to learn about how to share their Christian faith.

Starting Monday, the Greater St. Louis Billy Graham Crusade will launch the five-week Christian Life and Ministry Classes at 30 locations throughout the area.

The classes end Sept. 25.

People wanting to be counselors at the Billy Graham Crusade Oct. 17-18 at the Trans World Dome must attend the weekly classes.

To become a counselor, "They can't miss more than one," said crusade director Scott Lanning.

Each week, those attending

"In the fourth week, we talk about actual counseling at the crusade."

Scott Lanning
Billy Graham Crusade director

fill out an attendance card, he said.

Counselors meet with inquirers who come forward at the end of the evening in a Billy Graham Crusade.

Inquirers might make an initial public commitment to Christ or rededicate their lives to Christ.

Afterward, a committee directs people who come forward to a nearby church or one matching their religious preference if they didn't come with a church.

Christie the first 2-1/2 weeks of the Classes, those attending learn about a personal relationship with Jesus and how to make it better, Lanning said.

Then this week deals with sharing faith one-on-one.

"In the fourth week, we talk about actual counseling at the crusade," Lanning said. The fifth week deals with follow-up.

Generally, half of those attending the sessions become

counselors.

Since the Graham Crusade meets with 7,000 counselors, it is seeking twice that number to attend the classes.

Schedules for all the classes are available at individual churches.

Interested persons also can find out about classes by calling the crusade office at 426-1999 or visiting the crusade web site at www.stlouiscrusade.org.

Edwardsville's Lutheran school already fall-ready

By Deborah L. Bates
Staff writer

Students who will attend Metro East Lutheran High School have just under a day of summer vacation remaining before the 1999-2000 school year begins.

On Thursday, the school will have its

freshman orientation for 65 students. The new students learned how to deal with various social situations and how to improve on academic skills.

They got a small look at the values they will be taught throughout their four years in high school.

"People pick schools for certain values," Principal Sigmund Bohnet said. "The values MELHS practice are that of home, family and school. MELHS nurtures the whole lifestyle of the students."

Metro East Lutheran students experience a community environment, he said, and are encouraged to be active in extracurricular activities. Bohnet said he believes the best students are those who are actively engaged in the school. He wants the students to be involved in a place where they feel they belong and feel welcome.

Bohnet said that while the school is primarily a public school, in many areas, there are things Metro East Lutheran can do that public schools cannot.

For instance, if a student is experiencing difficulty and he or she needs guidance, a staff member may pray with the student. In their senior year, students can take college classes and family values.

"During their entire senior year they are dealing with what they want," Bohnet said. "They ask themselves 'How do

Because of the recent shootings in high schools across the country, Metro East Lutheran is exploring ways to further ensure the safety of the students. The school has always taken measures such as restricting entry ways during the day and registering guests at special events.

I want my life to start as an adult?"

Because of the recent shootings in high schools across the country, Metro East Lutheran is exploring ways to further ensure the safety of the students. The school has always taken measures such as restricting entry ways during the day and registering guests at special events.

"We've got a good student body and a supportive student body, but we have kids who are here, too," Bohnet said.

This year, the high school will focus on improving the students' computer and technology skills. Staff development will include recognition of teachers who do exceptional work and offering incentives for those situations. The school has hired two new teachers this year. Hoyt will teach algebra and will assist with the girls basketball program. Paul Thompson will teach middle-level mathematics and will serve as football and boys basketball coach. David Redden has been hired as the new athletic director.

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Steve Balen
Superintendent

(618) 451-59-800
Fax (618) 451-6135
Tdd (618) 451-589

Dear Parents and Citizens of Community Unit School District #9:

We are honored to serve as members of the Board of Education as our School District enters the new millennium. Our children comprise only 20% of our population; yet, they are 100% of our future. To prepare for their future, we are making every effort to ensure that the 1999-2000 school year is filled with promise.

Construction is well under way for three of our four building projects. The foundations are in at both Niedringhaus (four rooms) and Maryville (six rooms) and considerable progress can be seen at Coolidge. At the same time, we anticipate breaking ground on the fifteen-room addition to Grigsby.

In other news, we received a class size reduction grant of \$212,000.00 to be used in Grades K-3. This will add approximately six new teachers to the existing staff.

In light of the shootings at Littleton, Colorado, improving school safety will remain a priority for the Board of Education. To that end, the Board has developed and adopted several new policies designed to assist in preventing the type of school violence that was seen in Littleton, Colorado. We will continue to work with our community and law enforcement officials to develop detailed emergency response plans to be used in the event of any threat to our students.

As a Board, we are committed to working closely with each citizen in the School District. We encourage citizens to attend Board meetings which are held at 7:00 p.m. on the second and fourth Tuesday of each month. We welcome direct input and appreciate receiving written correspondence. We were elected by you and, together, the Board and its citizens will provide the finest possible education to our students.

Sincerely,

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1999-2000 Granite City C.U.S.D. #9 LOCATION DIRECTORY

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Grigsby Middle School
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Lake Elementary
Marshall Elementary
Maryville Elementary
Mitchell Elementary
Niedringhouse Elementary
Prather Elementary
Wilson Elementary
Worthen Elementary
Warehouse

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4651 Maryville Road
316 E. Chain of Rocks
29th & State Street
2300 West 25th
2400 Wilson Avenue
3200 Maryville Road
1947 Adams

1999-2000 Granite City C.U.S.D. #9

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Cindy Gagich, Asst.
Debbie Wilkerson, asst.

Rick Tally

Jim Greenwald, Asst.
Alan Crider
Cindy Mills
Nancy Sanders
Virgil Kambarian
Clabbie Briggs
Greg Patton
Ellen Voyley
Norbert Tate
Jim Parker, Asst.
Ruth Noeth
Debra Garland

Coolidge

Grigsby
Frohardt Elementary
Lake Elementary
Marshall Elementary
Maryville Elementary
Mitchell Elementary
Niedringhaus Elementary
Prather Elementary

Wilson Elementary
Worthen Elementary

TIME SCHEDULES FOR THE OPENINGS & DISMISAL OF SCHOOL ON TUESDAY, AUGUST 24 IS AS FOLLOWS:

Senior High School	8:00 AM	3:07 PM
Coolidge Middle School	8:00 AM	3:10 PM
Grigsby Middle School	8:20 AM	3:35 PM
Elementary (Except Maryville)	8:00 AM	2:45 PM
Maryville Elementary	8:00 AM	2:15 PM

SPORTS SCHEDULES

1999-2000



GRANITE CITY SENIOR HIGH SCHOOL GIRLS BASKETBALL - 1999-2000

Mon., Nov. 15	Alton	TBA
Wed., Nov. 17	Alton	TBA
Sat., Nov. 20	Alton	TBA
Tues., Nov. 23	WoodRiver (3L)	6:00 p.m.
Mon., Nov. 29	O'Fallon (Frosh)	6:00 p.m.
Thurs., Dec. 2	Bellville East (3L)	6:15 p.m.
Tues., Dec. 7	Bellville West (3L)	6:15 p.m.
Thurs., Dec. 9	Alton (3L)	6:00 p.m.
Mon., Dec. 13	E. St. Louis (3L)	6:15 p.m.
Wed., Dec. 15	Civic Memorial (3L)	6:00 p.m.
Thur., Dec. 16	Cahokia (3L)	6:00 p.m.
Mon., Dec. 20	Mascoutah (3L)	6:00 p.m.
Mon., Dec. 27-30	Collinsville (Frosh)	6:15 p.m.
Tues., Dec. 4	Triad (3L)	6:15 p.m.
Wed., Jan. 5	Illiana (3L)	6:15 p.m.
Fri., Jan. 21	Collinsville (3L)	6:15 p.m.
Mon., Jan. 24-28	McCluer Town. (Frosh)	6:15 p.m.
Fri., Jan. 28	Edwardsville (3L)	6:15 p.m.
Sat., Jan. 29	Bellville East (3L)	6:15 p.m.
Mon., Feb. 2	Alton (3L)	6:15 p.m.
Tues., Feb. 8	Bellville West (3L)	6:15 p.m.
Mon., Feb. 14-16	Illiana (Regionals)	6:00 p.m.
Mon., Feb. 21-24	IHSAs	TBA
Fri., Feb. 28	IHSAs Super-Sectionals	TBA
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	Assistants Bruce Frank, Paul Macios	

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FRESHMAN/SOPHOMORE BASKETBALL - 1999-2000

Weds., Dec. 1	Edwardsville	6:00 p.m.	Home
Mon., Dec. 6	Civic Memorial	6:00 p.m.	Away
Wed., Dec. 8	Alton	6:00 p.m.	Away
Thurs., Dec. 9	Mascoutah	6:00 p.m.	Home
Tues., Dec. 13	Bellville East	6:00 p.m.	Home
Wed., Dec. 15	O'Fallon (Frosh)	6:00 p.m.	Home
Thurs., Dec. 16	Bellville West	6:00 p.m.	Home
Fri., Dec. 17	Illiana (3L)	6:00 p.m.	Home
Sat., Dec. 18	WoodRiver (Frosh)	6:00 p.m.	Home
Fri., Dec. 24	E. St. Louis	6:00 p.m.	Home
Sat., Dec. 25	Cahokia	6:00 p.m.	Home
Sun., Dec. 26	Collinsville	6:00 p.m.	Home
Mon., Dec. 27	Highland (Frosh)	6:00 p.m.	Home
Tues., Dec. 28	Fresh Tournament	6:00 p.m.	Home
Wed., Dec. 29	O'Fallon (Soph.)	9:00 p.m.	Away
Thurs., Dec. 30	Edwardsville	6:00 p.m.	Home
Fri., Dec. 31	Cahokia (Tournament) (Soph.)	6:00 p.m.	Home
Sat., Jan. 1	Alton	6:00 p.m.	Home
Fri., Jan. 4	Althoff	6:00 p.m.	Away
Sat., Jan. 5	Bellville East	6:00 p.m.	Away
Fri., Jan. 11	Bellville West	6:00 p.m.	Away
Sat., Jan. 12	E. St. Louis	6:00 p.m.	Away
Fri., Jan. 13	Collinsville	6:00 p.m.	Home
Sat., Jan. 14	Collinsville	6:15 p.m.	Home
Fri., Jan. 20, 21, 22	Illiana (Regionals)	6:15 p.m.	Away
Fri., Jan. 28	Edwardsville	6:15 p.m.	Home
Sat., Jan. 29	Alton	6:15 p.m.	Home
Fri., Feb. 11	Bellville East	6:15 p.m.	Away
Fri., Feb. 18	E. St. Louis	6:15 p.m.	Away
Sat., Feb. 22	Collinsville	6:15 p.m.	Home
Fri., Feb. 25	O'Fallon	6:15 p.m.	Away
Fri., Feb. 26-28	IHSAs Regionals	6:15 p.m.	Away
Mon., Feb. 8	IHSAs Super-Sectionals	TBA	SIUE
Mar. 17-18	IHSAs State Finals	TBA	Pearl
	JV game is played first		
	Head Coach John Veltkamp		
	Assistants Carl Luehmann, David Veltkamp, Daren Depew, Raffi Karibian		

BOYS BASKETBALL - 1999-2000

Mon., Nov. 22	Alton Tournament	TBA	Away
Wed., Nov. 24	Alton Tournament	TBA	Away
Thurs., Nov. 25	Alton Tournament	TBA	Away
Fri., Dec. 3	Edwardsville	6:15 p.m.	Away
Sat., Dec. 4	Triad	6:15 p.m.	Home
Sat., Dec. 11	Bellville West	6:15 p.m.	Home
Fri., Dec. 17	Jerseyville	6:15 p.m.	Home
Sat., Dec. 18	Collinsville Tournament	6:15 p.m.	Home
Fri., Dec. 24	Cahokia	6:15 p.m.	Home
Sat., Dec. 25	Illiana (3L)	6:15 p.m.	Home
Sun., Dec. 26	Highland (Frosh)	6:15 p.m.	Home
Fri., Dec. 31	Fresh Tournament	6:00 p.m.	Home
Sat., Jan. 1	O'Fallon	6:00 p.m.	Away
Fri., Jan. 8	IHSAs Regionals	TBA	SIUE
Fri., Jan. 15	IHSAs Super-Sectionals	TBA	Pearl
Sat., Jan. 16	IHSAs State Finals	TBA	
	JV game is played first		
	Head Coach John Veltkamp		
	Assistants Carl Luehmann, David Veltkamp, Daren Depew, Raffi Karibian		

GRANITE CITY HIGH SCHOOL WRESTLING - 1999-2000

Tues., Nov. 23	O'Fallon (3L)	6:00 p.m.	Away
Wed., Nov. 24	Carbondale/Centralia	6:00 p.m.	Home
Fri., Dec. 3	Edwardsville	11:00 a.m.	Bloomington
Sat., Dec. 4	Morton/Bloomington/Pekin	9:00 a.m.	Home
Fri., Dec. 4	G.C. Freshmen Invitational	6:00 p.m.	Home
Fri., Dec. 11	Sopf. Lamp/Champaign Cent.	9:00 a.m.	Home
Sat., Dec. 12	Francis Howell North JV Tourn.	9:00 a.m.	Away
Fri., Dec. 16	Bellville West (3L)	6:00 p.m.	Home
Sat., Dec. 17	Illiana (Regionals)	6:00 p.m.	Away
Fri., Dec. 18	O'Fallon JV Tourn.	10:00 a.m.	Away/Mon. Tues.
Fri., Dec. 24-28	Annual William "Red" Schmidt Holiday Wrestling Tour.	6:00 p.m.	Away
Fri., Jan. 7	Bellville East (3L)	9:00 a.m.	Home
Sat., Jan. 8	3rd Annual Wat Whittaker JV Wrestling Tourn.	9:00 a.m.	Home
Fri., Jan. 13	Alton (3L)	9:00 a.m.	Home
Fri., Jan. 14-15	Genesee Tournament	9:00 a.m.	Home
Fri., Jan. 21	Collinsville/Triad/Jerseyville	4:00 p.m.	Home
Sat., Jan. 22	Chat/Glenwood/Mattoon/Mascoutah	11:00 a.m.	Home
Tues., Jan. 26	Collinsville (JV/Frosh)	6:00 p.m.	Away
Fri., Jan. 28	E. St. Louis (JV/Frosh)	4:00 p.m.	Away
Sat., Jan. 29	Bellville West/Fresh Torn	9:00 a.m.	TBA
Fri., Feb. 5	IHSAs Regionals	TBA	
Fri., Feb. 12-13	IHSAs Super-Sectionals	TBA	
Fri., Feb. 19-20	IHSAs State Finals	TBA	
Tues., Feb. 23	IHSAs Team Sectional	TBA	
Sat., Feb. 27	IHSAs Team State	TBA	
	UNIV. OF ILLINOIS		
	Assistants Greg Garland, Mark Whitaker		

GRANITE CITY HIGH SCHOOL WRESTLING - 1999-2000

Tues., Nov. 23	O'Fallon (3L)	6:00 p.m.	Away
Wed., Nov. 24	Carbondale/Centralia	6:00 p.m.	Home
Fri., Dec. 3	Edwardsville	11:00 a.m.	Bloomington
Sat., Dec. 4	Morton/Bloomington/Pekin	9:00 a.m.	Home
Fri., Dec. 4	G.C. Freshmen Invitational	6:00 p.m.	Home
Fri., Dec. 11	Sopf. Lamp/Champaign Cent.	9:00 a.m.	Home
Sat., Dec. 12	Francis Howell North JV Tourn.	9:00 a.m.	Away
Fri., Dec. 16	Bellville West (3L)	6:00 p.m.	Home
Sat., Dec. 17	Illiana (Regionals)	6:00 p.m.	Away
Fri., Dec. 24	O'Fallon JV Tourn.	10:00 a.m.	Away/Mon. Tues.
Fri., Dec. 24-28	Annual William "Red" Schmidt Holiday Wrestling Tour.	6:00 p.m.	Away
Fri., Jan. 7	Bellville East (3L)	9:00 a.m.	Home
Sat., Jan. 8	3rd Annual Wat Whittaker JV Wrestling Tourn.	9:00 a.m.	Home
Fri., Jan. 13	Alton (3L)	9:00 a.m.	Home
Fri., Jan. 14-15	Genesee Tournament	9:00 a.m.	Home
Fri., Jan. 21	Collinsville/Triad/Jerseyville	4:00 p.m.	Home
Sat., Jan. 22	Chat/Glenwood/Mattoon/Mascoutah	11:00 a.m.	Home
Tues., Jan. 26	Collinsville (JV/Frosh)	6:00 p.m.	Away
Fri., Jan. 28	E. St. Louis (JV/Frosh)	4:00 p.m.	Away
Sat., Jan. 29	Bellville West/Fresh Torn	9:00 a.m.	TBA
Fri., Feb. 5	IHSAs Regionals	TBA	
Fri., Feb. 12-13	IHSAs Super-Sectionals	TBA	
Fri., Feb. 19-20	IHSAs State Finals	TBA	
Tues., Feb. 23	IHSAs Team Sectional	TBA	
Sat., Feb. 27	IHSAs Team State	TBA	
	UNIV. OF ILLINOIS		
	Assistants Greg Garland, Mark Whitaker		

GRANITE CITY HIGH SCHOOL WRESTLING - 1999-2000

Tues., Nov. 23	O'Fallon (3L)	6:00 p.m.	Away
Wed., Nov. 24	Carbondale/Centralia	6:00 p.m.	Home
Fri., Dec. 3	Edwardsville	11:00 a.m.	Bloomington
Sat., Dec. 4	Morton/Bloomington/Pekin	9:00 a.m.	Home
Fri., Dec. 4	G.C. Freshmen Invitational	6:00 p.m.	Home
Fri., Dec. 11	Sopf. Lamp/Champaign Cent.	9:00 a.m.	Home
Sat., Dec. 12	Francis Howell North JV Tourn.	9:00 a.m.	Away
Fri., Dec. 16	Bellville West (3L)	6:00 p.m.	Home
Sat., Dec. 17	Illiana (Regionals)	6:00 p.m.	Away
Fri., Dec. 24	O'Fallon JV Tourn.	10:00 a.m.	Away/Mon. Tues.
Fri., Dec. 24-28	Annual William "Red" Schmidt Holiday Wrestling Tour.	6:00 p.m.	Away
Fri., Jan. 7	Bellville East (3L)	9:00 a.m.	Home
Sat., Jan. 8	3rd Annual Wat Whittaker JV Wrestling Tourn.	9:00 a.m.	Home
Fri., Jan. 13	Alton (3L)	9:00 a.m.	Home
Fri., Jan. 14-15	Genesee Tournament	9:00 a.m.	Home
Fri., Jan. 21	Collinsville/Triad/Jerseyville	4:00 p.m.	Home
Sat., Jan. 22	Chat/Glenwood/Mattoon/Mascoutah	11:00 a.m.	Home
Tues., Jan. 26	Collinsville (JV/Frosh)	6:00 p.m.	Away
Fri., Jan. 28	E. St. Louis (JV/Frosh)	4:00 p.m.	Away
Sat., Jan. 29	Bellville West/Fresh Torn	9:00 a.m.	TBA
Fri., Feb. 5	IHSAs Regionals	TBA	
Fri., Feb. 12-13	IHSAs Super-Sectionals	TBA	
Fri., Feb. 19-20	IHSAs State Finals	TBA	
Tues., Feb. 23	IHSAs Team Sectional	TBA	
Sat., Feb. 27	IHSAs Team State	TBA	
	UNIV. OF ILLINOIS		
	Assistants Greg Garland, Mark Whitaker		

GRANITE CITY HIGH SCHOOL WRESTLING - 1999-2000

Tues., Nov. 23	O'Fallon (3L)	6:00 p.m.	Away
Wed., Nov. 24	Carbondale/Centralia	6:00 p.m.	Home
Fri., Dec. 3	Edwardsville	11:00 a.m.	Bloomington
Sat., Dec. 4	Morton/Bloomington/Pekin	9:00 a.m.	Home
Fri., Dec. 4	G.C. Freshmen Invitational	6:00 p.m.	Home
Fri., Dec. 11	Sopf. Lamp/Champaign Cent.	9:00 a.m.	Home
Sat., Dec. 12	Francis Howell North JV Tourn.	9:00 a.m.	Away
Fri., Dec. 16	Bellville West (3L)	6:00 p.m.	Home
Sat., Dec. 17	Illiana (Regionals)	6:00 p.m.	Away
Fri., Dec. 24	O'Fallon JV Tourn.	10:00 a.m.	Away/Mon. Tues.
Fri., Dec. 24-28	Annual William "Red" Schmidt Holiday Wrestling Tour.	6:00 p.m.	Away
Fri., Jan. 7	Bellville East (3L)	9:00 a.m.	Home
Sat., Jan. 8	3rd Annual Wat Whittaker JV Wrestling Tourn.	9:00 a.m.	Home
Fri., Jan. 13	Alton (3L)	9:00 a.m.	Home
Fri., Jan. 14-15	Genesee Tournament	9:00 a.m.	Home
Fri., Jan. 21	Collinsville/Triad/Jerseyville	4:00 p.m.	Home
Sat., Jan. 22	Chat/Glenwood/Mattoon/Mascoutah	11:00 a.m.	Home
Tues., Jan. 26	Collinsville (JV/Frosh)	6:00 p.m.	Away
Fri., Jan. 28	E. St. Louis (JV/Frosh)	4:00 p.m.	Away
Sat., Jan. 29	Bellville West/Fresh Torn	9:00 a.m.	TBA
Fri., Feb. 5	IHSAs Regionals	TBA	
Fri., Feb. 12-13	IHSAs Super-Sectionals	TBA	
Fri., Feb. 19-20	IHSAs State Finals	TBA	
Tues., Feb. 23	IHSAs Team Sectional	TBA	
Sat., Feb. 27	IHSAs Team State	TBA	
	UNIV. OF ILLINOIS		
	Assistants Greg Garland, Mark Whitaker		

GRANITE CITY HIGH SCHOOL WRESTLING - 1999-2000

Tues., Nov. 23	O'Fallon (3L)	6:00 p.m.	Away

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1999-2000 BUS

GRANITE CITY SENIOR HIGH	Hemlock	4	7:10 Old Hwy. 3	18	7:10 Watertown Circle	14	7:15 Pontoon Rd.(1100-1400)	9	W.Hwy. 111 Between Hwy. 350 & Hwy. 3500-3800)
LOCATION	BUS NO.	TIME	Herbert	16	7:05 Old Rock Rd.	15	7:30 Even No. only)	27	Hwy. 111 (4200-4400)
Abel Ct.	28	7:15	Herschbach DR.	19	7:10 Osprey	24	7:20 Wellington Dr.	27	1st Ave.
Adams(1900-2200)	25	7:40	Hill St.	16	7:05 Paradise Ln.	28	7:15 W. 20th St.(2200-2400)	34	1st Ave.
Alexander	25	7:30	Hinkle Ct.	19	7:10 Park Ave. (2000)	21	7:05 W. 20th St.(2600-3100)	18	7:05 Rock Rd. (2000-2300)
Alice	40	7:25	Holiday Mobile Homes	23	7:15 Park Ln. (4000)	10	7:05 W. 21st St. (2200-2400)	18	7:15 Rockwall
Angela Dr.	4	7:05	Hwy. 27	8	7:20 Park Ln. (3900)	31	7:05 W. 21st St. (2600-3100)	18	7:15 Russell
Arlington Dr.	26	7:15	Hwy. 27	8	7:20 Parkside Ln.	14	7:20 W. 22nd St. (2600-3100)	17	7:15 St. Louis
Arlington Rd.	26	7:15	Hwy. 111 (Between 162 & 350-3600)	26	7:10 Parktowne West Trail Pk	8	7:25 W. 23rd St. (2200-2400)	18	7:15 Sherman
Army Depot	19	7:10	SA255, 3500-3600	23	7:05 Parkview Apts.	17	7:05 W. 24th (2200-2500)	18	7:15 Sinclair
Arnold Dr.	4	7:10	Hwy. 111 (2800-SA35)	23	7:05 Parkview Dr.	14	7:15 W. 25th St. (2200-2400)	18	7:15 Spruce
Ashland	28	7:05	Hwy. 111 (Pontoon R. to I-270)	8	7:20 Patricia Dr.	14	7:15 W. 26th St.	8	7:25 State (1200-2000)
B Street	10	6:55	4100-up)	39	7:05 Patricia Dr.	15	7:30 W. Chain of Rocks Rd.	27	1st Ave.
Barbara Ct.	26	7:15	Hwy. 162	24	7:10 Paul Ave.	38	7:10 Pontoon Rd. (1400)	18	7:10 Sullivan Dr.
Barkley	28	7:05	Edw. Dr. (4200-4500)	24	7:10 Paul Dr. (1-25)	15	7:30 Pontoon Rd.	33	1st Ave.
Benning	38	7:10	Hwy. 162 (3200-4100)	26	7:20 Peacock	24	7:20 Pontoon Rd. (100-1000) even only	34	1st Ave.
Benton (1900-2200)	25	7:40	Illinois Ave. (2000-2400)	18	7:15 Pearl Ct.	24	7:20 Pontoon Rd.	33	Kaisberg Park (20-100)
Bern	38	7:10	Independence Dr.	17	7:15 Peigan Ln.	26	7:20 Westmoreland (2500)	36	Kaisberg Park (4100)
Big Four Pl.	28	7:05	Illinois (2000-2100)	20	7:15 Petonia	24	7:20 Westmoreland (2600)	36	Kathy Lynn Dr.
Bischoff Rd.	23	7:10	Illinois (2000-2100)	25	7:35 Pine	4	7:05 Whippoorwill	36	Kellin Ln.
Blue Spruce Ct.	4	7:05	Iris	24	7:20 Pontoon Rd. (2100-2300)	4	7:15 Whistell Way	27	Kelly Dr.
Bluebird	36	7:05	Iron	21	7:00 Pontoon Rd. (2400)	4	7:15 William John Ct.	27	Kinder Dr.
Boston Pl.	14	7:15	Ivy Ln.	14	7:20 Pontoon Rd. (2500-3600)	4	7:20 Willow (1600)	15	7:30 27th Pl.
Boyle	41	7:10	Janine Ct.	4	7:05 Pontoon Rd. (3700-4100)	24	7:25 Willow (4900)	16	7:00 29th Pl.
Bradley	24	7:10	Jason Dr.	36	7:05 Pontoon Rd. (3800-4000)	10	7:10 Wilshire Dr.	36	7:05 E. 23rd St.
Breckenridge	31	7:00	Jeannette Dr.	23	7:20 Pontoon Rd. (W. 1400)	18	7:05 Wilshire Ave. (1600)	38	7:05 E. 24th St.
Bremen (1600-1800)	4	7:10	Jefferson	8	7:20 Pontoon Rd. (W. 1400)	9	7:15 Woodlawn (2100-2300)	38	7:15 W. 20th St. (2000-2500)
Briarcliff	9	7:20	Jeanne Dr.	10	6:55-1100-1400 even only	9	7:15 Woodlawn (2100-2300)	38	7:15 W. 20th St. (2400-2900)
Briarhaven	9	7:20	Jones Dr.	24	7:25 Poplar St. (1600-1700)	19	7:15 Woodlawn (2400)	4	7:10 W. 20th St. (3000-3100)
Briarmoor	9	7:20	Joseph Ct.	36	7:05 Poplar St. (1900)	17	7:05 1st St. Army Depot)	19	7:10 W. 22nd St. (2000-2500)
Briarview	9	7:20	Joyce	24	7:25 Primrose (1700-1800)	4	7:10 12th St.	21	7:00 W. 22nd St. (2600-2800)
Briarwood	9	7:20	Justice Ct.	19	7:10 Queensbury	10	6:55 13th St.	21	7:00 W. 23rd St.
Bruene	10	6:55	Karen Dr.	26	7:10 Quincy	21	7:00 14th St.	21	7:00 W. 24th St. (2000-2500)
Brun Rd.	23	7:10	Kaseberg Ln.	24	7:25 Rae's Creek Dr.	24	7:20 17th St. (1100-1500)	20	7:10 W. 24th St. (2500-2600)
Bryan	18	7:20	Kaseberg Park	24	7:25 Rapp Rd.	31	6:50 18th St. (1100-1500)	20	7:10 W. 26th St. (2500-2600)
Buener	16	7:10	Kathy Dr.	10	7:00 Redwood	16	7:15 19th St. (1100-1500)	21	7:00 Even. No. Only)
Burton Subdivision	40	7:20	Kathy Lynn Dr.	38	7:15 Reeder Ln.	4	7:10 20th St. (1200-1400)	9	7:30 Lee (Burton Subdivision)
Cambridge Ct.	14	7:20	Keith Dr.	15	7:30 Revelle Dr.	24	7:15 21st St. (1200-1400)	21	7:00 28th St. North Granite
Cambridge Dr.	14	7:20	Kelly Dr.	23	7:20 Rhodes	21	7:00 23rd St. East (700-1900)	25	7:35 GRIGSBY JUNIOR HIGH SCHOOL
Carl	16	7:05	Kennedy Dr. (Army Depot)	19	7:10 Ritt Ln.	15	7:30 & 2900-3100 even no. only)	25	7:35 Airport Rd. (Bruns Rd.)
Carla	26	7:10	Kennedy Dr. (Tri-City Park)	21	7:00 Robert	9	7:25 Angels Dr.	32	7:35 Lily Ct.
Carolyn	40	7:20	Kinder Ln.	28	7:10 Roberto Ave.	15	7:25 Arlington Dr.	32	7:35 Lickhaven
Carr	21	7:05	Lake Dr. (2200-3600)	23	7:25 Robin Ct.	36	7:05 Arlington Rd.	32	7:35 Lickley Ln.
Catalpa	26	7:15	Lake Dr. (3700-3900)	10	7:10 Rock Rd.	6	7:25 Arnold	41	7:35 Lickley (2000-2300)
Cayuga	17	7:05	Lake Dr. (4000-3000)	24	7:20 Revere's Route	24	7:15 Arnold	41	Lickley (400-400-up)
Cemetery Rd.	18	7:10	Lake St. (4000-3000)	10	7:00 Rosey	14	7:15 B. St.	4	7:35 Mallard
Central Ave.	28	7:05	Lake St. (4400-up)	31	7:00 Roman Ln.	15	7:30 29th Pl.	14	7:35 Margaret
Central Ln. (4000 Blk.)	10	7:05	Lake St. (Trailer Park (4700)	31	7:00 Rosey Dr.	4	7:10 29th St. (600-700)	32	7:35 Martin
Century Dr.	9	7:25	Lakeview Dr. (1-50)	39	7:05 Roxbury Ct.	14	7:15 COOLIDGE JR. HIGH SCHOOL	41	7:35 Martin Ct.
Chain of Rocks Rd. (West)	15	7:25	Lakeview Dr. (4900-5200)	31	7:00 Russell	21	7:00 Adams (1900-2200)	6	7:35 Maryville Rd. (4000-5000)
Charles St.	25	7:30	Laura Dr.	10	7:00 Ruth (2500-2600)	15	7:30 Archway Motel	30	7:35 Maryville Rd. (2800-3000)
Charlestons Circle	14	7:15	Lee Ave. (2000-2200)	25	7:30 Ruth (3600-3700)	6	7:25 Arnold	32	7:35 Maryville Rd. (3000-5200)
Cheshire	38	7:10	Lee St. (1200-1300)	40	7:20 School House Rd.	28	7:05 Archway Motel	33	7:35 Maryville Rd. (4000-4200)
Chestnut	19	7:15	Legacy Dr.	18	7:10 School House Rd.	22	7:05 Argyle	36	7:35 Meadow Lane
Chouteau Pl. Rd. (Slough)	28	7:10	Lena Dr.	8	7:20 Sherman	34	7:25 Arnold	36	7:35 Meadowlark
Chouteau Trace	28	7:15	Lexington Ct.	14	7:30 Shillinger Rd.	16	7:25 Burton Subdivision	36	7:35 Meadowlark Ct.
Circle Dr.	9	7:25	Leyden	17	7:05 Sandy Shores Dr.	23	7:20 Burton Rd. (1900-2200)	10	7:35 McAllister
Cleveland (1200-1800)	20	7:10	Lily Ave.	24	7:20 189 & 190 only)	23	7:20 Clevland (1900-2200)	6	7:35 McAllister
Cleveland (1900-2200)	25	7:40	Lindsay (4900)	16	7:55 Sare	41	7:10 Bryan Ave.	4	7:35 McAllister
Clinton	4	7:05	Lockhaven	36	7:05 Schaefer Rd.	9	7:25 Clevland (4100-4200)	38	7:35 McAllister
Concord Ct.	14	7:15	Logan Ave. (2200-2400)	18	7:10 School House Rd.	9	7:25 Clevland (4500-4600)	38	7:35 McAllister
Con Brillante	6:55	7:05	Logan Ave. (2600)	8	7:10 Sherman	28	7:05 Denver (2000-2200)	6	7:35 McAllister
Country Ln.	36	7:15	Lorraine	25	7:30 Sherman	22	7:05 Denver (2500-2900)	6	7:35 McAllister
Cynthia Ln.	28	7:10	Lucky Ln.	15	7:30 Shillinger Rd.	26	7:05 Denver (2900-3200)	6	7:35 McAllister
Daisy Ct.	26	7:05	Lynch (2100-2300)	38	7:10 Shirlene Dr.	26	7:05 Denver (3000-3200)	6	7:35 McAllister
Dawn (2100)	38	7:20	Lynch (2400)	4	7:10 Shirlene Dr.	26	7:05 Denver (3200-3400)	6	7:35 McAllister
Davies Place	28	7:10	Lynch (2500-up)	41	7:20 Sinclair	26	7:05 Denver (3400-3600)	6	7:35 McAllister
Dawn (2200-2300)	4	7:10	Madison Ave. (1200-2000)	20	7:15 Slough Rd.	26	7:05 Denver (3600-3800)	6	7:35 McAllister
Deborah Ct.	4	7:05	Mallard	24	7:20 Smith Roulund Loop	26	7:05 Denver (4000-4200)	6	7:35 McAllister
Delmar (1200-1900)	20	7:10	Maple (1600-1800)	19	7:10 Snodgrass	36	7:05 Denver (4200-4500)	6	7:35 McAllister
Delmar (2000-2100)	25	7:10	Margaret	28	7:10 Smith St. (4100)	39	7:05 Denver (4500-4800)	6	7:35 McAllister
Delyston	20	7:10	Margolin	24	7:15 Spalding	41	7:10 Edson (2000-2200)	6	7:35 McAllister
Denver	17	7:05	Mart	14	7:20 Spring (1700-1800)	28	7:10 Edson (2000-2200)	6	7:35 McAllister
Depot, Army	19	7:10	Martin	28	7:00 Springfield	19	7:15 Edwards (1200-1900)	27	7:35 Edwards
Dewey	18	7:15	Maryville Rd. (2700-3000; even)	14	7:15 Spruce (1600-1700)	21	7:00 Adams (1900-2200)	6	7:35 Edwards
Division	31	7:10	Maryville Rd. (3900-4900 even)	4	7:05 Spruce (1800-1900)	17	7:30 Archway Motel	30	7:35 Edwards
Donald Ct.	24	7:25	Maryville Rd. (5100-5500)	16	7:00 Stacy Dr.	15	7:30 Arway Motel	33	7:35 Edwards
Dorothy Ct.	24	7:25	Matthew Ct.	36	7:10 School St. (1200-2000)	16	7:30 B. St.	36	7:35 Edwards
Douglas	28	7:10	Maurine Ct.	17	7:10 School St. (2100 only)	15	7:30 B. St.	36	7:35 Edwards
Duke	24	7:20	McIntosh Dr.	19	7:10 School St. (2000-2000)	16	7:30 B. St.	36	7:35 Edwards
Dillard	28	7:20	Meadow Ln.	8	7:25 Schepers	36	7:30 Grand (2000-2200)	6	7:35 Edwards
Dwight	17	7:05	Meadow Ln.	40	7:25 Stratford Ln. (2450-2560)	36	7:30 Grand (Tri-City Park	27	7:35 Eddie
E. Chain of Rocks Rd. (300-900)	28	7:10	Melvin Dr.	23	7:20 Stratford Ln. (2600-2700)	14	7:20 Granite (North)	36	7:35 Eddie
E. Lake Dr. (4200-up)	37	7:05	Meridian (1100-1400)	21	7:00 Sullivan Dr.	19	7:10 Harding	36	7:35 Eddie
East Lane (Army Depot)	19	7:10	Middlesex Circle	14	7:15 Sunflower Ct.	36	7:15 Harding	36	7:35 Eddie
Eastgate	39	7:05	Mikel Dr.	26	7:10 Sunny Shore	15	7:35 Hinkle Ct.	36	7:35 Eddie
Edna	25	7:30	Mimosa	28	7:15 Sunnyside Dr.	15	7:35 Hwy. 3	36	7:35 Eddie
Edison (1200-1900)	20	7:10	Mimosa	38	7:20 Swan Dr.	10	7:05 Hwy. 167 (Old Hwy. 3)	36	7:35 Eddie
Edison (2000-2100)	26	7:10	Missouri (2000-2400)	18	7:20 Terry Dr.	29	7:15 Independence Dr.	36	7:35 Eddie
Edwards	26	7:10	Missouri (2000-2400)	18	7:20 Terry Dr.	23	7:10 Iowa (1200-1400)	27	7:25 Douglas
Edwardsville Rd. (1200-1400)	21	7:00	Missouri (2600)	8	7:25 Thelma Ln.	26	7:10 Iowa (2000-2200)	30	7:30 Donald Ct.
Edwardsville Rd. (2800-2900)	25	7:30	Mockingbird	26	7:20 Thelma Ln.	23	7:05 Iron	27	7:30 Dorothy Ct.
Edwardsville Rd. (2600-2700)	26	7:20	Mockingbird	26	7:20 Thomas Ct. (500-600)	14	7:20 Jefferson	34	7:35 Drake
(Hwy 12) 4200-4500	24	7:10	Mockingbird	36	7:15 Thorgate Rd. (Triangle)	16	6:55 Justice Ct.	33	7:35 Driftwood
Elizabeth	21	7:00	Moffett	15	7:30 Thorgate Rd. (So. 100)	15	7:30 Kennedy Dr.	27	7:35 Driftwood
Elliott Rd.	24	7:10	Monroe (2100-2200)	25	7:35 Timberlake Dr.	28	7:25 Kennedy Dr.	27	7:35 Driftwood
Emzees	8	7:20	Moorland Dr.	28	7:15 Tracy	28	7:25 Kennedy Dr.	27	7:35 Driftwood
English Rd.	28	7:10	Mosby Ct.	4	7:05 Tulip Ln.	40	7:25 Kennedy Dr.	27	7:35 Driftwood
Esquire Dr. #191, #192 & #201 only!	23	7:20	Mosby Ct.	16	7:05 Tulip Ct.	24	7:15 Lincoln	30	7:35 Driftwood
Evergreen	16	7:05	Nameoki Dr.	9	7:25 Tulip Ct.	24	7:15 Logan (2000-2200)	35	7:35 Driftwood
Fairway Estates Apts.	23	7:20	Nameoki Dr. (2100-2200)	25	7:30 Union (3000-3100)	38	7:15 Logan (2500-2600)	34	7:35 Driftwood
Ferguson	38	7:20	Nameoki Dr. (4300-4900)	38	7:05 University	28	7:25 Madison (1200-2000)	27	7:35 Driftwood
Fischer Ct.	19	7:10	Nameoki Dr. (5100-5200)	28	7:05 Veronica	28	7:25 Madison (2100-2200)	6	7:35 Driftwood

BUS SCHEDULE

Missouri's fuel tax goes to many government agencies

By Raymond Castile
Staff writer

Gasoline may take a direct path through the combustion system of an automobile, but the tax is collected and paid on that gasoline take a long and winding path through several government agencies.

Federal and state gasoline tax, fuel consumption and maintenance of highways and interstates, as well as bridges, railroad crossings and other projects.

It starts at the gas pump. The federal government charges motorists 14.4 cents for every gallon of gasoline purchased. Of this, 1.1 cents enter the Leaking Underground Storage Tank Trust Fund. The remainder enters the Highway Trust Fund. An additional 1.5 cents is directed to the highway account and 2.9 cents directed to the mass transit account.

The federal government charges a variety of other taxes for Gasohol and other

fuels.

The state charges a gasoline tax of 17 cents per gallon. The rate is the same for diesel fuel.

State fuel taxes travel to the Missouri Department of Revenue, which sends them to the Missouri Department of Transportation (MoDOT). Jamie Gremaud, MoDOT area engineer for St. Charles County, outlined the path through which fuel tax revenues travel through the Missouri system.

Federal fuel taxes go to the Federal Highway Administration, which has a Missouri office in Jefferson City. Federal fuel taxes, as well as state fuel taxes, then are directed to the Missouri Highway and Transportation Commission, which divides the money between MoDOT's 10 districts.

Money earmarked for rural districts is sent directly to those districts. Money

earmarked for metropolitan districts is sent to MoDOT. There are only two metropolitan districts in Missouri, Kansas City District 4 and St. Louis District 6.

The East-West Gateway Coordinating Council, which is the St. Louis area's metropolitan planning organization (MPO), must approve all MoDOT District 6 projects before money is spent, said Jerry Blair, East-West Gateway transportation planning.

MPOs are nonprofit organizations created as a result of federal legislation for the purpose of planning and programming federal funds, Blair said.

Once projects are approved, MoDOT can hire contractors using both in-house engineers and outside contractors, Gremaud said.

The Missouri Highway and Transportation Commission must approve contracts before

MoDOT can hire contractors to execute projects, Gremaud said.

It starts at the gas pump. The federal government charges motorists 18.4 cents for every gallon of gasoline purchased. Of this, 0.1 cents enters the Leaking Underground Storage Tank Trust Fund. The remainder enters the Highway Trust Fund, with 15.4 cents directed to the highway account and 2.9 cents directed to the mass transit account.

Landscaping and beauchissement comprise another 10 percent of the fund. An additional 10 percent is allocated toward hazard elimination and safety improvements, Grosvenor said.

Other funds include \$124 million — Missouri's portion of the federal highway fund — for roads in Missouri that are part of the national highway system, according to information provided by Todd Grosvenor, MoDOT funds manager.

Of that, \$156 million is allocated to the surface transportation program, the state can spend 30 percent of that amount wherever it wants, Grosvenor said.

The state must spend 15.6 percent in the Kansas City area and 7.8 percent in the Kansas City area, Grosvenor said.

bridges that are on federal aid programs, Grosvenor said.

The High Priority Projects fund is allocated \$38.5 million in 1999. Grosvenor said this fund includes special projects initiated by congressmen.

Though they are not part of the state's highway system, interstate systems, recreational trails are allotted \$671,263 of federal fuel tax dollars.

These include walking, hiking and bicycle trails controlled by the Missouri Department of Natural Resources, Grosvenor said.

State of Missouri gets back about 90 percent of all federal fuel taxes

By Raymond Castile
Staff writer

Not all of the money Missourians pay in federal fuel taxes finds its way back to the state.

Missouri receives about 90 cents per dollar paid in federal fuel taxes, said state Sen. Ted House, D-2nd District.

"It's absurd that we send billions of dollars to the federal government and have to beg to get 90 cents back. Ten cents are just gone," evaporated, House said. Some states receive as much

as \$2 per every dollar paid, House said. "They have the political clout," House said.

States that can afford to must subsidize those states that cannot afford to pay for interstate construction and maintenance, said James Gremaud, St. Charles County area engineer for the Missouri Department of Transportation (MoDOT).

"We realize the value of the interstate system, the interconnectivity. It's in the state's best interest," Gremaud said.

House said the level of funds

received is creating a safety problem.

"People are dying because we don't have the money to fix our roads. The roads are deteriorating and in rough shape."

"It is unsafe," House said.

House said he would rather not even have federal fuel taxes and keep in Missouri all fuel tax money paid in Missouri.

All federal fuel tax money enters one fund, the Federal Highway Trust Fund, said Todd Grosvenor, MoDOT funds manager.

Not every state receives the

same amount of money, but every state must receive at least 90.5 percent of what fuel tax payers paid into the fund the previous year, Grosvenor said.

If funds allocated to a state total less than 90.5 percent, the

difference is made up by three "minimum guarantee" funds.

In 1999, the minimum guarantee funds total more than \$56 million.

Missouri would receive less than 90.5 cents per every dollar paid in federal fuel

taxes last year.

"If Ted House can change the 90 cents, more power to him."

"It's a very complicated process and always a subject of discussion," Gremaud said.

Wash your car carefully

Whether you own a new vehicle, or a not-so-new vehicle, you want the finish to maintain its quality, too. Here are some simple tips to follow to help ensure your finish will look its best.

Wash off dirt prior to washing a car. Don't rub it in, it will cause scratches.

Wash your car in the shade using cold water and a mild detergent.

Rinse off as much soil as possible before washing. Allow water to sheet off the car by taking the nozzle off the hose when rinsing.

Clean the tires first, then the wheels. Cleaning the wheels is important, since the build-up of road salt can cause irreversible corrosion.

Wash in straight lines, go clockwise, and use overlapping strokes to make less standing water for you to dry off.

Wipe it with a damp or wet cloth.

Avoid parking under trees which may drop sap.

On newer model cars,

do not attempt to "polish" light scratches. Most new vehicles have a clear coat finish that can be damaged if you do not use the proper method.

Never wax a car in direct sunlight. If your car's metal temperature is too hot, the chemicals in the wax can prematurely damage your car's finish.

When washing your vehicle by hand, take the time to run your wash mitt and sponge the body, edge of the doors, lift gate, hood and trunk. These areas trap dirt and moisture causing premature staining.

When washing your vehicle by hand, take the time to run your wash mitt and sponge the body, edge of the doors, lift gate, hood and trunk. These areas trap dirt and moisture causing premature staining.

These tips were provided by Kurt Mueller, owner of CARSTAR Collision Center. More tips and others may be found on CARSTAR's website at www.carstar.com.

New Missouri driver licensing system affects teens

By Michael Penrod
Staff writer

Missouri Gov. Mel Carnahan signed into law last month a measure that will give young drivers more experience "around the wheel" before getting a full license.

In an effort to reduce the crash rate among Missouri teen drivers, the Missouri General Assembly passed a new Graduated Driver Licensing system (GDL) that requires teen drivers to graduate through stages before earning a full driver's license.

The law contains restrictions on the time of day teens can drive and the hours of supervised driving time they must accumulate. Missouri is the 36th state to adopt such a program.

Capt. Jim Watson, Missouri State Highway Patrol spokesman, said the new system could help save the lives of hundreds of teen motorists.

"It gives them (teens) more supervised driving time than before," Watson said. "And that kind of experience makes all the difference."

"It gives them (teens) more supervised driving time than before. And that kind of experience makes all the difference."

Capt. Jim Watson

Missouri State Highway Patrol spokesman

While teens make up less than 6 percent of Missouri's licensed drivers, they were involved in more than 20 percent of the wrecks during 1997, according to statistics provided by AAA Insurance. In 1997, 362 people ages 16-18 died in car crashes on state roads, and another 36,683 teens were injured. One in four teen drivers injured in a wreck over 43 minutes in the state during that three-year period.

Mike Right, vice president of public affairs for AAA, testified before the General Assembly regarding the issue. He said basic driver training standards have been used to ensure motorists possess the basic skills needed to drive safely.

"Yet the disproportionately high incidence of motor-vehicle accidents involving youthful drivers indicated a basic licensing system was no longer sufficient," Right said.

Under the new law, teens must comply with specific provisions.

For the instructional period of the GDL, teens at least 16 years old, must have parental permission and receive at least 20 hours of "behind-the-wheel" training.

Any driving must be with a parent or guardian. Drivers must spend a minimum of six months in this period.

To qualify for the intermediate license phase, a driver must be 17.

No driving is allowed without a parent from 1 a.m. to 5 a.m. except for school functions.

job-related driving and specified emergencies.

Also, all passengers must wear seat belts. In order for a teen to advance to the intermediate phase, the driver must not have any traffic violations, including any points for the previous six months and no alcohol enforcement contacts for the preceding 12 months.

To advance to full licensure, a teen must be 18 years old and have completed the intermediate phase of the GDL system. In addition, the driver must not have any traffic violations, including any points and no alcohol enforcement contacts within the prior 12 months.

The new provisions of Missouri's new Graduated Driver Licensing law becomes fully effective Jan. 1, 2001.

Senior Focus

State awards grant to Health Department for osteoporosis education

By Bethany Behrhorst
Staff writer

A state grant provided to the Madison County Health Department will allow more women to become educated about osteoporosis.

"The grant money will assist us in educating our residents about prevention and treatment of osteoporosis," said Jamie Moxey, health educator for the Madison County Health Department.

The department is planning events geared at raising awareness for mothers and daughters.

"We need to develop an understanding of the disease so we can protect our daughters from developing the disease or further deterioration in those that might already have osteoporosis," Moxey said. "Moxey said women develop

their peak bone mass in their 20s and 30s.

The level reached during those years determines the likelihood of someone developing osteoporosis in their post-menopausal years.

"Osteoporosis can be monitored and prevented," Moxey said.

"Specialized tests can measure bone density in various sites in the body."

Moxey said special tests given to individuals to detect osteoporosis can predict the possibility of fractures in the future.

They also can help predict the rate of bone loss if treatment is provided.

"A woman's risk of hip fracture is equal to her combined risk of breast,

uterine and ovarian cancer," Moxey said.

"That's too large a risk for a

highly preventable disease."

Moxey said eating a high-calcium diet and

exercising regularly can help prevent osteoporosis.

She said individuals should

take up walking and other forms of weight-bearing exercise.

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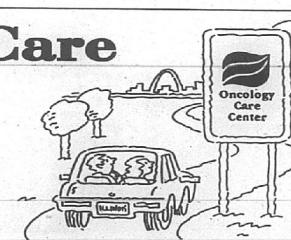
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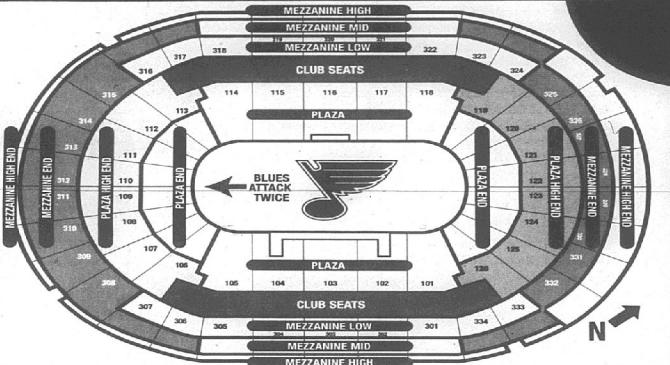
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- Discounts on tickets to selected Kiel Center events
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Seat Location	Full 44 Game Season Seats	Season Ticket Price for Game	Blues Weekend Package	12 Game Plus Gold Weekend Package	Business Week Package	Seven Game Plan	Blues Separators	Blues Shifter	Weekday Game Price	Weekend/Holiday Game Price
PLAZA 100 LEVEL										
Club Seats	\$3,465	\$76.15	\$1,008	\$1,008	\$1,008	\$630	\$620	\$610	\$85	\$90
Plaza	\$3,093	\$68.25	\$886	\$886	\$886	\$528	\$521	\$517	\$73	\$75
Plaza End	\$2,772	\$63	\$825	\$825	\$825	\$490	\$484	\$478	\$67	\$70
Plaza High End	\$2,310	\$52.50	\$705	\$705	\$705	\$420	\$414	\$408	\$57	\$60
Plaza High End (week twice)	\$1,760	\$40	\$540	\$540	\$540	\$315	\$315	\$315	\$45	\$45
MEZZANINE 300 LEVEL										
Mezzanine Low Rows 4 & 5	\$1,617	\$36.75	\$490	\$490	\$490	\$284	\$290	\$286	\$40	\$42
Mezzanine Mid Rows 4 & 5	\$1,386	\$31.50	\$430	\$430	\$430	\$229	\$225	\$221	\$35	\$37
Mezzanine End Rows 4 & 5	\$1,155	\$26.25	\$347	\$347	\$347	\$210	\$208	\$206	\$29	\$30
Mezzanine High Rows 6, 7 & 8	\$880	\$20	\$239	\$239	\$239	\$147	\$145	\$143	\$20	\$21
Mezzanine High End	\$660	\$15	\$180	\$180	\$180	\$105	\$105	\$105	\$15	\$15

TOUGH TICKETS

Opening night and six certain sellouts.

Saturday	Oct. 2	Phoenix	Opening Night
Saturday	Oct. 30	Detroit	Halloween Weekend
Saturday	Dec. 11	Dallas	Stanley Cup Champions
Sunday	Dec. 26	Nashville	Holiday Weekend
Saturday	Feb. 12	Anaheim	Final Saturday Night Game
Friday	Feb. 25	Colorado	Mardi Gras Kickoff
Saturday	March 11	Anaheim (day)	Home Season Finale
Saturday	April 1	Detroit (day)	
Friday	April 7	Chicago	

SUPERSTARS

Tuesday	Nov. 9	Dallas	Modano, Hull
Saturday	Nov. 27	Chicago	Tony Amonte
Saturday	Jan. 22	N.Y. Rangers	Fleury, Leetch
Saturday	Feb. 26	Colorado	Roy, Forsberg, Sakic
Saturday	March 11	Philadelphia	Lindros, Brind'Amour
Saturday	April 1	Anaheim	Kariya, Salanne
Saturday		Detroit	Yzerman, Chelios

Questions?
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Holiday gift pack includes 2 historic games!

Thursday	Dec. 30	San Jose	Final Game/Old Millennium
Tuesday	Jan. 4	Los Angeles	First Game/New Millennium
Thursday	Feb. 10	Detroit	Brendan Shanahan
Sunday	Feb. 27	Chicago	Doug Gilmour
Tuesday	March 7	Phoenix	Keith Tkachuk
Wednesday	March 29	Toronto	Curtis Joseph
Sunday	April 2	Ottawa	Alexei Yashin

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- Special promotions offered only to Blues group leaders

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- Includes 20 Plaza High End tickets (up to 60)
- One hour pregame party in Kiel's new 14th & Clark sports bar with appetizers and unlimited beer, wine and soda
- All for \$55 per person!

**PARTY PACKS**

- Includes 20 Plaza High End tickets (up to 60)
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- All for \$55 per person!
- Gourmet buffet in the private Kiel Club
- Club seat tickets for groups of 20-60
- All for \$70 per person for weekday games and \$80 for weekend games
- Select games only and availability is limited

KIEL CLUB OFFICE PARTIES

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- Top Shelf room — 40 tickets and the same amenities for \$2,800
- Discounts of 10 percent in Blues shops night of game

PARTY ROOMS

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- Top Shelf room — 40 tickets and the same amenities for \$2,800
- Discounts of 10 percent in Blues shops night of game

BLUES BIRTHDAY BASHES

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strong customer
existing business
improve external
ations, creating a
high-quality no

Content, consistency equal success for your newsletter

Whether you're a new company looking to develop a strong customer base or an existing business that wants to improve external communications, creating and distributing a high-quality newsletter is an

excellent way to achieve your goal.

Given its effectiveness at reaching both the internal and external customer, a newsletter is a very versatile communications tool. An

internal newsletter can benefit employees by educating them about current trends within the industry or recent company developments. This information-sharing encourages employee participation and

helps to keep everyone involved.

Internal newsletters can also announce birthdays, work anniversaries, outstanding employee achievement in addition to the latest policies on work hours or vacation time. By recognizing employee accomplishments and addressing important issues, an internal newsletter serves as a great motivational tool

that also boosts employee morale.

External newsletters, on the other hand, aim to inform a specific customer or prospect base. Business newsletters are external newsletters as a less-intrusive means of marketing themselves to the target audience. Rather than simply promoting the company, effective newsletters

provide customers with a wide range of useful information about their industry.

For example, a business dealing with kitchen products may surround company-related information with articles about recent trends in the home improvement industry or kitchen safety tips for children. In this way, the external newsletter provides a valuable service to the customer, and, in essence, serves as a sales tool for the company's products and services.

A primary advantage of this "soft sell" lies in building name recognition. Businesses that are trying to penetrate new markets, in particular, need to establish name recognition in order to generate awareness among its customers and prospects. Yet, the soft sell effectiveness of newsletters often works wonders at keeping a company's name in the mind of an existing customer.

According to Howard Pendleton, author of "Planning Newsletters," newsletters often send newsletters to recent guests, depicting familiar scenery of the establishment and the surrounding area. By triggering nostalgia for good times, such newsletters contribute to higher customer retention.

Regardless of whether you are producing an internal or external newsletter, the most important thing to remember is consistency. Effective newsletters are always consistent. They have a consistent look and feel from issue to issue and they are distributed on a consistent schedule.

Visual consistency allows your audience to immediately recognize your newsletter, increasing the likelihood that they will read it. And by distributing your newsletter consistently your audience may even begin to anticipate its arrival.

A good rule of thumb, depending on your audience, is to distribute your newsletter at least quarterly, but no more than monthly.

An established business owner can ensure that your newsletters are produced and distributed in a consistent and timely fashion.

Organizing your newsletter is also very important. Using white space and graphic elements are excellent ways to organize the flow of your newsletter. Graphs, pie-charts, and pull-quotes are great ways to reinforce key ideas. Other important considerations concern alignment, font, point size, use of color, and placement of images.

For suggestions or feedback, check with an experienced business printing service provider in your area.

Once you've established an organizational structure, it's important to have reliable sources of content to fill up remaining space and to promote your articles within your company's respective industry.

Trade associations, government agencies, and chamber of commerce can deliver materials specific to your industry.

Using material from outside publications is sometimes helpful, but be mindful of following copyright laws and crediting appropriate sources.

Source: www.aracopy.com

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Co-director, Arthritis Service

Judith Wuller, M.D.
Internist
Co-director, Arthritis Service

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A free guide is available that includes step-by-step instructions on the donation process, as well as a formula for calculating your company's potential tax savings. To receive a copy, contact the non-profit National Association for the Exchange of Industrial Resources at 1-800-239-4551.

News

St. Louis county could end up owning unkempt cemetery

By Jocelyn Smolik
Staff writer

Roy Wade walks down an overgrown gravel road, sweat breaking out on his face as he turns from the path and wades through the thigh-high grass. He walks past bushes and pushes tree branches away from his face, just 25 feet away from the road. He has come to see his mother's gravesite.

ST. LOUIS COUNTY
isn't a remote country road. It's Greenwood Cemetery on the southeast edge of North County, near Natural Bridge and Lucas & Hunt roads. About 1,000 thousand people are buried there.

"This is a disgrace to the whole community ... it's just ridiculous," it is beyond steady," says an alderman of Velda Village Hills who has several family members buried at Greenwood.

Greenwood is one of the oldest African-American cemeteries in the country. Among the people buried here are former slaves, civil rights soldiers, miners and civil rights activists. The 39-acre cemetery was established in 1874.

Trying to describe the condition of the cemetery is difficult for Wade.

"I've never been in the jungle," he said. "I'm from the Mississippi Delta. We called it that woodland, but the woodland never looked worse than this cemetery."

To think that in this day and age, we're supposed to be civilized, we're men to the moon and this still goes on. I'm just angry."

State Attorney General Jay Nixon agrees. He has filed a petition with the St. Louis County Circuit Court asking that the corporation that owns the cemetery be dissolved and for ownership to be transferred to St. Louis County.

Under Missouri law, the attorney general is allowed to dissolve any cemetery corporation that owns a cemetery that has been declared abandoned. A cemetery can be declared abandoned if it hasn't been kept up for one year.

The cemetery is now owned by Solomon Rooks and the nonprofit group United States Disabled American Veterans Agency Inc. According to the attorney general's office, Rooks acquired Greenwood in 1994 and has not kept it up since.

Rooks, who also has family members buried at Greenwood, says it is not his responsibility to maintain the cemetery because it is not his property.

"I'm only required to make sure people can get around on the roads," he said.

Rooks said he will fight Nixon and the push to take away the cemetery. He said he intends to sue over the matter.

"For all these years, no one has ever come to this cemetery, and now all of a sudden they find it interesting," Rooks said.

Wade said he has talked to

Crop manual now available

The recently revised edition of the Illinois Field Crop Scouting Manual is now available.

This spiral-bound manual includes over 200 color photographs of diseases, insects and weeds. In addition, the manual provides useful tips on identification of pests, scouting procedures, economic thresholds and keys for insects and weeds.

Unlike previous editions of the scouting manual that relied primarily on line drawings, this manual features over 200 full-color photographs of pests and the injury they cause. The manual is designed to be very durable and will serve as a valuable tool for crop producers, consultants, and industry professionals.

This new University of Illinois Extension publication is available from the Madison-St. Clair Extension Unit offices, 900 Hillsboro, Edwardsville, and #1 S. Third St., Belleville. Scouting manuals sell for \$40 per copy.

local and county officials and just recently got help presenting the problem to the state.

"I would have taken it to Washington if I had to," he said.

Scott Holste of the Attorney General's office disagrees with Rooks' notion of

abandonment. "We would maintain that the condition Rooks has let the cemetery fall to means it can be classified as abandoned," he said.

Wade doesn't blame Rooks. He said he just wants someone to take care of the cemetery.

What's in a Fertilizer? by the experts at

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Where Beautiful Things Begin

When you're in search of a fertilizer, you're greeted with a seemingly endless array of products. There are fertilizers for trees, evergreens, lawns, you name it. And you'll also find plenty of general-purpose fertilizers, too. How do you know exactly what to choose? Not a problem, if you know what you're looking for. And you will after reading our tips.

Let's start off with an easy one: why plants need food in the first place. Sure, all growing things need food, but we can get more detailed than that. Fertilizers replenish nutrients removed from the soil as the plant grows. The most needed nutrients in the greatest amounts, nitrogen, phosphorus and potash, are most commonly found in plant foods. Without food at critical times, plants starve and become more susceptible to disease and insect problems.

Okay, now you know the three main ingredients in fertilizer. What's that? Easy. Fertilizers all contain three big, bold numbers on their containers, and those numbers tell you all you need to know about what's inside. The first is for N, P, K, and indicate the amounts of the three ingredients: nitrogen, phosphorus and potash, always in that order. For example, if a product's numbers are 5-12-8, it contains 5% nitrogen, 12% phosphorus and 8% potash. An easy way to remember the three is they're in alphabetical order.

These numbers, don't add up to 100%, we know. So what's the rest of the stuff in the bag? It's mostly a carrier that helps distribute the fertilizer more evenly.

Here's what the three ingredients accomplish. Nitrogen (abbreviated N) promotes leafy green growth that makes a healthy lawn, beautiful shade tree or a thick, lush hedge. If it's green you're after, go with a product with a high first number. A lawn fertilizer marked 28-4-8, for example, would be an ideal choice.

Phosphorus (abbreviated P), stimulates root growth and promotes flowering and fruiting, precisely what you need when planting a new tree or when you're helping your annual and perennial flowers put on a dazzling display. If this is your goal, select a product with a high middle number.

Last is potash (abbreviated K), which contributes to cold hardiness, heat tolerance and disease resistance. Fall fertilizers, for example, are usually high in potash to help prepare the plants for the winter.

So the three numbers mean basically this: Green, flowers, hardy. If you can remember those in that order, you have it made, and will know exactly what to buy for any fertilizing application.

You'll probably run across some fertilizers with three nearly equal numbers. These are great general-purpose plant foods.

We're not quite through. You'll also encounter the terms "fast release" and "slow release" when dealing with fertilizers. Fast release means the plant food is easily dissolved in water and nutrients get to the plant rapidly. Slow release products become available to the plant over a period of time, which lessens the chance of fertilizer burn.

There you have it. Next time you hit the fertilizer aisle, you can select a product with complete confidence.

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Todays' Food



Perennial Plantings

Vacation leads back to roots

By Janice Denham
Staff writer

Summer is far from riding off into the sunset. School resumes soon, which means it is time to write an essay entitled, "What I did this summer vacation."

Summer fun is exhilarating when it centers on new things, but sometimes the new is simply a twist on the past.

A trip to Europe savors the travel, celebrates history. A day spent playing soccer on the beach is a reminder of exhilarating time spent on other holidays with family, not to mention patches of winter. Eating fresh produce while sitting in the back yard is a memento on a postcard from the Land of Juicy Memories.

A food editor always looks for tasty ideas. It's hard to find a smidgen when the local air bags of S'mores are the "new" dessert rage.

Xando offers "the campfire favorite" brought to your table" at its coffee shop and bars along the East Coast and in Florida. The rest of the dessert is derived from X's and O's (hugs and kisses).

Rammy Harwood, director of marketing, says, "These (S'Mores) are tremendously popular. We want to bring the campfire to

your table."

A libabchi is delivered to the table with chocolate bars, graham crackers, marshmallows and skewers — no campfire, no sticks or green tree branches — on a roundtable.

"You do the rest of it yourself," Harwood says.

The charge at the Arlington, Va., coffee shop is \$6.50 for enough to serve two people or \$11 to serve four.

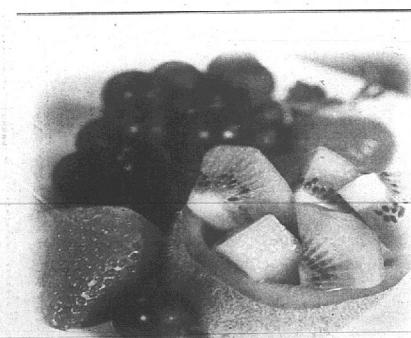
Xando's quest for the right marshmallow for S'Mores took a scientific turn after the

first ones stuck together. The ones they use are slightly larger than bagged marshmallows from the supermarket.

"We wanted to have it be reminiscent of the type you have had your whole life. For some people that was a year ago or for other people it was 30 or 40 years ago," Harwood says.

Orders spread like a runaway flame from a jar of Sterno.

See VACATION, Inside TODAY'S FOOD Page 2



Cup a' Fruit

Use a spoon to scoop out flesh of kiwi, remove it and chop it in cubes. Add grapes, strawberries and blueberries as desired. Drizzle with mixture of equal amounts (start with 1 tablespoon each) of lemon juice and honey (if desired, serve in hollowed-out kiwi shell. Fresh fruit always should be washed gently in water before using. If part of the fuzzy brown peel is accidentally left on the fruit, it can be eaten, too. Not only do fruits offer vitamins and minerals, but a large part of them is water, so they refresh, too. Their carbohydrates

keep little bodies running, rather than dragging.

Top pancakes or cereal with fruit, eat it plain, or puree and use it to top or layer with ice cream, pudding or yogurt. It makes a sweet, juicy

salad, too. It

is best to use

it after cutting

so its juices

do not

gather.

Kid's Cuisine



Wise Ways
Bakers warm up state fairs
See Page 2

www.yourjournal.com

Food Nutrition

Heart-y Bites

Tread softly through salad bar to avoid waking high-fat ingredients. INSIDE

Blue Ribbon Cook

Marinated artichokes flavor winning potato salad. INSIDE

Test Run

Flavored coffees attract on-the-go fans of cool drinks. INSIDE

Micro Raves

Pets can enjoy the dog days of summer, too. INSIDE

Lively Taste

While the grill is hot, brown pound cake for shortcake. Rub each slice of pound cake (1 to 2 inches thick) with confectioner's sugar and tap off any excess. Lightly brush grill with oil just before heating. Grill over high direct heat 15 to 20 seconds per side, then move it to indirect heat to warm through. Drizzle 1/4 cup chocolate sauce on each serving plate. Arrange as desired from serving over cake on plates. Garnish with whipped cream or topping and fresh mint leaves.

Health & Fitness

Medicine Chest

Chocolate could list nutrients, as well as good taste, among its assets. INSIDE

Fresh Picks

It's time to use up all the fresh vegetables lingering in the refrigerator. Thinly slice 1 small tomato. Cut 2 bell peppers, patatoe, zucchini and yellow, in 1-inch squares. Cut 8 small red potatoes and 1 small red onion in very thin slices. Use a large, well-greased, shallow casserole dish. In two batches, alternate layers over the vegetables and, if desired, 2 ounces thinly sliced prosciutto, cut in 1/2-inch strips. Sprinkle with 4 to 6 tablespoons grated cheese. Top with 1 cup chopped fresh basil and a little dried oregano. Drizzle with a little olive oil. Add 1/3 cup meat or vegetable stock or bouillon. Bake in a preheated 400 degree oven for 45 minutes until potatoes are tender.

Big Fat Tip

Fresh fruit breads and muffins often are high in fat. A standard bread recipe for a dozen muffins or one loaf of banana or other quick bread usually calls for about 2 cups of flour and can use as little as 1/4 cup oil. If desired, an equal amount of shortening can be used in place of the oil that is omitted when using a traditional recipe. It is not necessary to omit the fat completely to make a healthy fruit bread. If unaccustomed to low-fat foods, gradually use less fat to let taste buds adjust. Other changes that contribute to a healthy fruit bread is using less sugar, if fruit has lots of sugar, for example, using some of the all-purpose flour to whole wheat flour and increasing the fruit.

Future Shop

Americans vote for convenience by buying and cooking on fast-food eating gas stations, chain restaurants. They also persist in the perception that food cooked over charcoal tastes better. The hot results are part of the annual Weber Great Outdoors Survey. Hot dogs, blind taste tests conducted by Weber, find that people who do not know in advance where the food was cooked cannot distinguish the difference. The familiar "smoky" taste is created by smoke created by juices dripping onto the heat source and vaporizing, rather than charcoal itself, say Weber spokesmen.

Today's Food

Jive with java flavored for fun

A lot of folks get a kick from flavored coffee. When it comes in a jar or can, it becomes a beverage of convenience.

"I often make my own, mostly because I can do it with nonfat milk."

"These are fun to keep on hand though for a special time for myself, since I'm the only one in the family who drinks coffee," a taster said.

Three brands were tasted. Well-known Frappuccino from Starbucks Coffee, as well as Coffee House USA, come in 9.5-ounce bottles, while Main St. Cafe is packaged in 11-ounce cans.

At the time of the sampling, Frappuccino cost \$1.39, while Coffee House and Main St. flavors cost 99 cents each.

The vote for richest of the three went to Frappuccino by Starbucks.

"Actually, I had a gram less fat but more calories than the Coffee House brand. Still, there was something about the thickness that gave it a wonder-



Stopping for a flavored coffee is not always convenient, so a jar or can of it is a convenient way to keep it ready to drink.

ful feel as you drank it, even on ice," a taster said.

Another thought Main St. could be a better buy for those who bother with the nutrition.

"This one had 33 percent of a person's recommended daily value for calcium, the most of the three, which could make it better to a woman. Plus there was more in the can," she said.

Most of the interest was

on flavor. Coffee House, which comes in numerous flavors, was tasted in cinnamon, toasted almond and banana flavor.

The toasted almond was slightly different than the cinnamon, with neither the cinnamon nor the later milk-flavored taste of the drink; a taster of all three said, "I noticed the banana flavor in the other one when it was first opened

more than in the long run."

Both Frappuccino and vanilla coffee drinks were on the test.

"Like the other two, the aroma of the drinks is very strong. The vanilla one is very mild, while the mocha is not very chocolatey," a taster said.

Main St. Cafe came in iced mocha latte, which also tasted more like latte than mocha, its taster noted.

"I enjoyed the drinks. If there was one that I was disappointed in, it was the lack of difference in the flavors between them," a taster said.

Another thought others should sign on to considering them more as a snack beverage.

"Some people in our office keep a can of something to drink in our little 'frig' for an afternoon pick-me-up. When comparing these flavors, it comes to a can of Coke or some lemonade, there aren't many more calories and it has something besides just sugar for that energy boost. This would be as easy to keep there," she said.

Yeeeeehah! It's baking time for state fair champs

By Jananne Finck
Correspondent

ging rights into a new millennium.

For example, all food entries are evaluated on more than just taste. It has to look good, too.

Troy one of these peach recipes to win accolades from family and friends. Then enter next year's state fair. It could be a grand winning start for the year 2000.

Certified food and consumer scientist Jananne Finck is nutrition and wellness educator for University of Illinois Extension at the Springfield Extension Center.

PEACH BREAD

2 or 3 fresh peaches
1/4 cup (1/2 stick) butter or margarine
1-3/4 cup flour (half wholewheat flour, if desired)
1/2 tsp. cinnamon
1/2 tsp. baking powder
1/2 tsp. baking soda
1/8 tsp. salt
1 egg
1/2 tsp. vanilla
1/4 cup slivered almonds, if desired

FRESH PEACH PIE

5 cups peeled, sliced peaches (5 to 8 peaches)
Divide dough in half and roll 1/4 to 1/2 inch thick. Cut in bone shapes about 2 inches long, use a 2- or 3-inch gingerbreadman cookie cutter or shape into balls 1/2 to 1 inch in diameter.

Arrange 6 bones or 24 nuggets in circle on 10- to 12-inch plate. Microwave 5 to 10 minutes on medium (50 percent) power until firm and dry to the touch.

Rotate plate every 2 minutes and turn over shapes every 3 minutes. Cool on wire rack. Biscuits harden as they cool.

Yield: 1-1/2 to 2 dozen shapes or about 5 dozen nuggets.

Kitty Cheesecake Treats: To increase cat appeal, add 1/4 cup canned grated American cheese food (the kind that is added to macaroni) when mixing flour and liquid mixtures. Cut in fish-shaped cutouts in shapes long and narrow into nuggets 1/2 to 1 inch in diameter.

Follow same directions for cooking treats in microwave oven.

Preheat oven to 325 degrees. Lightly grease 9-by-5-inch loaf pan. Pit, peel and chop peaches in small pieces to make 1 cup.

Cream sugar and margarine.

In another bowl, mix together flour, cinnamon, baking powder, baking soda and salt. Combine with creamed mixture. Peaches, egg and vanilla. Mix well. Add almonds. Mix.

Pour into prepared loaf pan. Bake in preheated oven 50 to 60 minutes until center tests done when checked with toothpick. Cool 5 minutes. Remove from pan. Cool on rack.

Yields 20 servings; 108 calories, 3 g fat, 58 g carbohydrate, 2 g protein, 38 mg sodium and 11 g cholesterol each, using all-purpose flour and almonds. Food exchanges: 1/2 bread/starch, 1 fruit, 3 fat.

a guitar-shaped swimming pool Elvis Presley used. As a souvenir, they passed out recipes for a basic casserole.

role of Beanie Weenie Veggie Bake, a family heirloom recipe with more veggies than veggies.

BEANIE WEENIE VEGGIE BAKE

1/2 cup yellow cornmeal
1/2 cup flour
1 tbsp. sugar
1-1/2 tsp. baking powder
1-1/2 tsp. salt
1 egg, beaten
1/3 cup milk
4 tbsp. oil
1/2 cup chopped carrot
1/4 cup chopped onion
1/4 cup chopped green bell pepper
1 can (11-1/2 oz.) bean 'n' bacon soup
3/4 cup milk
2 tsp. prepared mustard
1 lb. weenies, sliced

Preheat oven to 425 degrees. Stir together cornmeal, flour, sugar, baking powder and salt.

In small bowl, combine egg, milk and 2 tablespoons oil. Add to cornmeal mixture. Beat until smooth.

In saucepan, heat remaining 2 tablespoons oil. Add carrot, onion and green pepper. Cook, covered, 10 minutes. Blend in soup, milk and mustard. Stir in weenies. Bring to boil.

Turn mixture into 2-quart casserole. Spoon batter on top of soup mixture. Bake in preheated oven 20 to 25 minutes.

Makes 6 servings.

Pets wag for purr-fect treats in dog days

By Kathy Hanewinkel
Correspondent

The dog days of summer are upon us. Both kids and animals are bored. It's too hot to play outdoors.

MICRO-RAVES

and too early for a walk. Why not "play" a bit with the microwave oven? This does not give children permission to do something unusual with their pets, but the things can happen when using a microwave.

The best friend — owner of Moose, one of my favorite dogs — appreciates the time she saves by using a microwave oven.

"The best thing about having a dog and using the microwave is that when you're the last person you have more time to love our dog," she said.

Many people heat cat or dog food in a microwave before feeding it to their pet. While not necessary for the pet, it makes the owner feel better.

When our dog had an

ear infection, the medication required refrigeration. The dog did not care for the cold liquid, so we heated it a few seconds in the microwave before using it.

"A few seconds should be enough time in the directions. It is like working with a dependent child who cannot tell when something is wrong.

Always check the actual temperature of the heated food or medication with a hand, finger or thermometer before giving it to the pet.

Let the kids learn to help with their well-loved pets' care, but teach them proper and safe ways to use a microwave.

Then stand back and let the dog days be happy days. The biscuit and treat recipes will work interchangeably for either animal. Cookie cutters in bone, mailman, fish, cat, dog and other pet-friendly shapes are available in some pet stores.

Home economist Kathy Hanewinkel specializes in microwave cooking.

PEOPLE DOGGIE BISCUITS

1 cup whole wheat flour
1/2 cup all-purpose flour
3/4 cup nonfat dry milk
1/2 cup quick-cooking oats, uncooked
1/4 cup yellow cornmeal
1/4 cup flour
1/3 cup shortening
1 egg, slightly beaten
1 tbsp. instant beef bouillon granules
1/2 cup hot water

In bowl, combine whole wheat and all-purpose flour, dry milk, oats, cornmeal and sugar. Using pastry blender or knives, cut in shortening until coarse crumbs form. Stir in egg.

Combine bouillon and hot water, stirring well. Using a fork, slowly pour into flour mixture, mixing until moistened.

Using hands, form dough into ball. Knead on floured surface 5 minutes until smooth and elastic.

Divide dough in half and roll 1/4 to 1/2 inch thick.

Cut in bone shapes about 2 inches long, use a 2- or 3-inch gingerbreadman cookie cutter or shape into balls 1/2 to 1 inch in diameter.

Arrange 6 bones or 24 nuggets in circle on 10- to 12-inch plate. Microwave 5 to 10 minutes on medium (50 percent) power until firm and dry to the touch. Rotate plate every 2 minutes and turn over shapes every 3 minutes. Cool on wire rack. Biscuits harden as they cool.

Yield: 1-1/2 to 2 dozen shapes or about 5 dozen nuggets.

Kitty Cheesecake Treats: To increase cat appeal, add 1/4 cup canned grated American cheese food (the kind that is added to macaroni) when mixing flour and liquid mixtures. Cut in fish-shaped cutouts in shapes long and narrow into nuggets 1/2 to 1 inch in diameter.

Follow same directions for cooking treats in microwave oven.

Vacation

Continued from Page 1

"As soon as one table showed a blue flame in the dim light or at our outside tables, orders multiplied. We might have 100 in a single evening," he says. "Not to be outdone by a Scout's good deed, by the end of the year Xando will add S'mores to its menu. The search is under way for a giant Oreo-type cookie with the 'right' icing for melting. In this order, the Scout will replace the graham cracker.

No matter where we travel, my family is not left alone in the kitchen at dessert time. Paul, my son in Washington, D.C., prepared an ice cream cake for a large party. This is the method:

Line a 9-by-9-inch pan with waxed paper. Fill it with softened ice cream. Use two half-gallons — one rocky road and the other cherry almond — but the size and depth of the pan determines how much it holds. Freeze this 24 hours.

Flip out the ice cream onto more waxed paper and place it back in the freezer.

In the same pan, bake a two-layer cake mix according to the package directions. Let it cool completely. Cut it, using a thin wire or dental floss in half horizontally. Cut the cake into a bone shape with a sharp knife.

Frost the cake with thawed whipped topping. Cover the entire cake with plastic wrap and freeze another 24 hours.

One hour before serving, remove plastic (topping sticks to cake, not the wrap) and place in refrigerator. He recommends covering leftovers well with plastic wrap to avoid freezer burn.

Of course, life in the summer does not always start with ice cream cake. My son Keith, in Cincinnati, grills fresh corn to perfection.

The corn's husk is pulled back and secured and silks are removed. He

sprays it with olive oil using an atomizer — but flavored nonstick cooking spray works, too — and sprays with salt and pepper.

The ears are grilled on a high rack on a covered grill, turning often, until they start to brown and are cooked through. A bonus when the kernels are heating is the aroma smells like popcorn.

His wife, Susan, is trying to be "queen of the smoothies."

She gets the best assets of both dairy and soy products by starting with an 8-ounce carton of fruit yogurt and 1 cup of vanilla soy milk. In a blender she processes this with fruit. She prefers to use frozen strawberries and blueberries, letting them thaw 15 minutes first, rather than ice cubes, which thin the smoothie.

In another delicious combination she added a banana, a cup of coffee and ice to yogurt and soy milk for a mocha smoothie.

Between pitchers of iced tea and lemonade, substan-

tial fare is recommended. The Egg Sisters realized this when they led their musical NashTrash Tour through Nashville.

The singing duo spied on would-be celebrities from a big pink bus while their guests nibbled on crackers decorated with squirts of yellow cheese from a pressurized can and rode past

ICED TEA COOLERS

Honey Raspberry Iced Tea: In large heat-proof pitcher, whisk together 2 cups cold brewed tea, 2 cups cranberry-raspberry juice and 1/4 cup honey until thoroughly combined and honey is dissolved. Chill until ready to serve. Serve over ice. Makes 4 servings.

Sweetly Mint Iced Tea: In large heat-proof pitcher, pour cold water over 1/2 cup fresh mint leaves and 2 tea bags. Whisk in 1/4 cup honey. Let steep 5 minutes. Remove tea bags and cool. Refrigerate until ready to serve. Serve over ice.

Makes 4 servings.

a guitar-shaped swimming pool Elvis Presley used. As a souvenir, they passed out recipes for a basic casserole.

role of Beanie Weenie Veggie Bake, a family heirloom recipe with more veggies than veggies.

BEANIE WEENIE VEGGIE BAKE

1/2 cup yellow cornmeal
1/2 cup flour
1 tbsp. sugar
1-1/2 tsp. baking powder
1-1/2 tsp. salt
1 egg, beaten
1/3 cup milk
4 tbsp. oil
1/2 cup chopped carrot
1/4 cup chopped onion
1/4 cup chopped green bell pepper
1 can (11-1/2 oz.) bean 'n' bacon soup
3/4 cup milk
2 tsp. prepared mustard
1 lb. weenies, sliced

Preheat oven to 425 degrees. Stir together cornmeal, flour, sugar, baking powder and salt.

In small bowl, combine egg, milk and 2 tablespoons oil. Add to cornmeal mixture. Beat until smooth.

In saucepan, heat remaining 2 tablespoons oil. Add carrot, onion and green pepper. Cook, covered, 10 minutes. Blend in soup, milk and mustard. Stir in weenies. Bring to boil.

Turn mixture into 2-quart casserole. Spoon batter on top of soup mixture. Bake in preheated oven 20 to 25 minutes.

Makes 6 servings.

Today's Food

Chocolate: good for body, as well as the sweet soul?

By Rebecca Coley
Correspondent

Recently "The Lancet," a medical journal, reported news that rings sweet music in our ears. Chocolate was found to contain a significant amount of a group of antioxidants called catechins.

Antioxidants may prove healthful in reducing the risk of disease, including cancer.

This Dutch study looked at six different catechins in

several types of chocolate. It was found that dark chocolate contained the greatest amount. It has 53.5 mg of catechins per 100 grams of chocolate.

White strains d this research strike a chord of excitement in may chocolate lovers, the dia are far from conclusive. Further research needs to answer questions such as whether benefits from the antioxidants outweigh the impact of the fat content and the impact of the caloric intake.

One can argue that 100 milliliters (almost 1/2 cup) of tea isn't exactly comparable to 100 grams (about 3 ounces) of chocolate in types of food.

However, the information was important to this Dutch population. More than half of its antioxidant intake came from black tea, while 20 percent came from chocolate consumption.

While strains d this research strike a chord of excitement in may chocolate lovers, the dia are far from conclusive. Further research needs to answer questions such as whether benefits from the antioxidants outweigh the impact of the fat content and the impact of the caloric intake.

In the short term though, when a person enjoys a little chocolate for its sheer taste, there may be hope that it is accomplishing something good for the body, too.

Rebecca Coley is a registered pharmacist in the state of Missouri. Questions for her to answer in "Medicine Chest" can be e-mailed to her at

rcoley@htsmail.com or sent to: Medicine Chest, suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

Recipe

RATATOUILLE DIP

2 tbsp. olive oil
1 small (8 oz.) eggplant, peeled, finely chopped
1 small zucchini, finely chopped
1/2 cup finely chopped red bell pepper
1/2 cup finely chopped onion
2 cloves garlic, minced
1/2 tsp. leaf thyme
1 can (16 oz.) stewed tomatoes
Wheat snack crackers

Heat oil in large skillet over medium heat. Cook and stir eggplant, zucchini, red pepper, onion and garlic about 5 minutes until tender. Add thyme and tomatoes, breaking up tomatoes with fork. Simmer, covered, 15 minutes. Cool slightly. Serve warm.

MEDICINE CHEST

Recently "The Lancet," a medical journal, reported news that rings sweet music in our ears. Chocolate was found to contain a significant amount of a group of antioxidants called catechins.

Antioxidants may prove healthful in reducing the risk of disease, including cancer.

This Dutch study looked at six different catechins in

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Today's Food



Pizza-making is part of an evening's entertainment when it is a flavorful mélange of beef, fresh vegetables and smoky gouda cheese.

CRUNCHY SNACK MIX

1 pkg. (6 oz.) cheddar "goldfish" crackers
2 cups corn or bran cereal squares
2 cups rice cereal squares
1 pkg. (7 oz.) mini pretzel knots
1 cup cocktail peanuts
1/3 cup margarine
1/2 tsp. celery salt
1/4 tsp. garlic powder
1 tbsp. Worcestershire sauce

Combine crackers, corn and rice cereals, pretzels and peanuts in 3-quart microwave-safe casserole. Mix lightly. Combine margarine, celery salt, onion powder, garlic powder and Worcestershire sauce in small glass dish. Microwave on high power 30 to 60 seconds until melted.

Drizzle margarine mixture evenly over cracker mixture. Mix gently to coat evenly.

Microwave on high power, stirring 2 to 3 times, 8 to 9 minutes until mixture is lightly toasted.

Serve warm or at room temperature.

Even pizza looks better on the old grill

GRILLED BEEF AND GOUDA PIZZAS

1-1/4 lb. boneless beef top sirloin steak, cut 3/4 inch thick
2 tbsp. cornmeal
2 pkgs. (10 oz. each) refrigerated pizza dough
3 tbsp. olive oil
1 small eggplant (6 to 7 inches long), sliced crosswise 1/2-inch thick
1 large yellow bell pepper, quartered
2 tsp. lemon-pepper seasoning
2 medium plum tomatoes, very thinly sliced
1 cup (4 oz.) shredded gouda cheese

Sprinkle cornmeal on 2

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large baking sheets. Unroll each pizza crust and cut in half. Place 2 halves on each baking sheet. Press each piece into 8-by-5-inch free-form rectangle. Brush lightly with oil. Cover with plastic wrap. Refrigerate.

Brush eggplant and bell pepper with oil. Press lemon-pepper evenly into both sides of each.

Over medium-low coals, grill eggplant and bell pepper around each 13 to 16 minutes turning occasionally until steaks are medium-rare to medium doneness and vegetables are tender. Brush eggplant with any

remaining oil during grilling. Cool steak and vegetables slightly. Let coals cool to medium-low.

Carefully place pizza crusts cornmeal-side down directly on grid over medium-low coals. (If necessary, grill in 2 batches.) Grill 3 to 4 minutes until edges are puffy and bottom has grill marks. Watch carefully, so crusts do not burn.

Turn over crusts. Grill second side 1 minute or until partially cooked. Return crusts, cornmeal sides up, to baking sheets.

Quarter eggplant slices.

Cut bell pepper in thin strips. Carve steak crosswise in thin slices. Divide over crusts and sprinkle with cheese.

Grill, covered, over medium-low coals 2 to 3 minutes until crusts are cooked and browned on bottom and cheese is soft.

Cheese does not melt completely. Watch carefully so crusts do not burn. Rotate as necessary.

Makes 4 servings; 745 calories, 48 g protein, 78 g carbohydrate, 28 g fat, 1,833 mg sodium and 108 mg cholesterol each.

Coup

When Alfre was creating his wife in the sixth annual Kretschmer W. "Easy & Delicious Contest," his idea came from his wife, who was working on another cake for another time.

Enter this favorite recipe for this cookin' contest.

"Gilda was a dish with plums. I don't like plums, but I looked so good I had to use them in the recipe," he said.

Plum and Lemon Coffeecake, which won first prize in the biscuits, coffee other breads' category.

Lester started as a child. He and the family and parents work

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Today's Food

Couple shares plums; husband takes the cake

When Alfred Lester of Wilmington, N.C., started creating his winning entry in the sixth annual Kretschmer Wheat Germ "Easy & Delicious Recipe Contest," his inspiration came from his wife who was working on a recipe for another contest at the same time.

Entering recipe contests is a favorite pastime for this cookin' couple. "Gilda was preparing a dish with plums. I usually don't like plums, but they looked so good that I decided to use them in a coffee cake recipe I was working on," he said.

The result, Plum Good Lemon Streusel Coffeecake, was awarded first prize in the "muffins, biscuits, coffeecakes and other breads" category.

Lester started cooking as a child. He was oldest in the family and both his parents worked. Today he



Vibrantly-colored plums offer fresh vitality to a winning coffeecake with wheat germ in the batter. His prize-winning recipe is an adaptation of a coffee cake he has made before.

PLUM GOOD LEMON STREUSEL COFFEECAKE

1-1/2 cups flour
1/3 cup wheat germ (any flavor)
1 cup sugar
1 tsp. cinnamon
1/2 cup (1 stick) butter or margarine, softened
1 to 2 tbsp. fresh lemon juice
2 tsp. grated lemon peel
1-1/2 tsp. baking powder
1/4 tsp. baking soda
3/4 cup buttermilk
1 egg
4 medium-size ripe plums, pitted, sliced 1/4 inch thick (about 2-1/2 cups)

Preheat oven to 350 degrees. Grease and flour 9-inch springform pan or 9-inch round cake pan.

In large bowl, combine flour, wheat germ, sugar and cinnamon. Mix well. Using pastry blender or two knives, cut in butter until evenly distributed and mixture is crumbly. Stir in lemon juice and peel. Set aside 1/2 cup mixture in small bowl.

Add baking powder and baking soda to ingredients in large bowl. Mix well.

In small bowl, using wire whisk or fork, beat buttermilk and egg until blended. Add to ingredients in large bowl. Stir until dry ingredients are just moistened; do not overmix.

Spoon batter into prepared pan. Arrange plums decoratively over batter. Sprinkle with reserved 1/2 cup topping.

Bake in preheated oven 40 to 45 minutes until cake is browned and wooden pick inserted in center comes out with a few moist crumbs clinging to it.

Cool on wire rack. If using springform pan, carefully remove side of pan.

Recipe

BLUEBERRY GRUNT

1 pt. blueberries
1 cup water
1/2 cup sugar
1-1/2 cups flour
2 tsp. baking powder
2 tsp. grated orange rind
1/4 tsp. nutmeg
1/4 tsp. salt
3/4 cup milk

In large skillet, stir in sugar into blueberries and water. Cook until mixture just starts to bubble. Lower heat.

Mix flour, baking powder, orange rind, nutmeg and salt. Stir in milk until dry particles are just moistened.

Drop dough by spoonful on top of simmering blueberries. Cook, covered, 10 to 15 minutes until dough is puffed. Serve dumplings with sauce from skillet.



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Today's Food

Rock by rollin' and stackin' sandwiches

Familiar sandwich flavors like chicken salad and roast beef are hard to beat. Combined with onion, anything layered between slices of bread or on a roll holds a medley with superb enjoyment.

Onions are a staple in home pantries. Winter onions, or storage onions, are just coming into their season.

In addition to flavor, onions are good to a multitude of health benefits and were historically prescribed for their "curative powers."

In the Middle Ages, physicians prescribed onions to alleviate headache, snakebite and even hair loss. Modern science notes the role onions play in reducing cholesterol and blood pressure levels and decreasing the risk of some forms of cancer.

Consumption of onions is steadily on the rise, increasing 50 percent in the past 15 years. According to the U.S. Department of Agriculture, per capita consumption of onions in 1998 was 18.3 pounds per person.

Here are helpful tips and hints to use for storing onions.

* Prepare onions as

In addition to flavor, onions are host to a multitude of health benefits and were historically prescribed for their "curative powers."

close to cooking or serving time as possible. Their flavor deteriorates and aroma intensifies over time.

To prevent tearing, refrigerate onions 30 minutes before preparation. Then slice onions, cutting off the top, peeling off outer layers and leaving root end intact. The root end has a large concentration of sulphuric compounds that make eyes water.

* To remove strong flavors when using raw onions, soak them in ice water 30 minutes to an hour.

* To remove the smell of onions from hands or equipment, rub them with lemon juice or salt.

For a free onion recipe brochure, mail a self-addressed, stamped envelope to: National Onion Association, Dept. B, 822 Seventh St., Suite 510, Greeley, Colo. 80631.



A roast beef sandwich relishes its added flavor from onions, then layers it between slices of home-baked focaccia bread.

CHINESE CHICKEN SALAD SANDWICH

1/4 cup soy sauce
1/4 cup rice wine vinegar
1/4 cup vegetable or peanut oil
1/4 cup reduced sesame seed oil
2 tbsps. minced ginger root
4 tbsps. sugar
4 tbsps. dry mustard
2 lbs. boneless, skinless chicken breast, steamed and cubed
1 cup red onion, cut in narrow wedges
1 cup pea pods, thawed if necessary, slivered
6 crusty round rolls, split, buttered
Lettuce or watercress, as needed
4 tbsps. sesame seeds, toasted
Crispy noodles, if desired

Mix together dressing of soy sauce, vinegar, oils, ginger sugar and dry mustard. Add chicken, onion and pea pods. Toss well. Chill at least 4 hours to blend flavors.

Fill each roll with lettuce and chicken salad. Sprinkle with sesame seeds. Accompany with crispy noodles.

ROAST BEEF WITH ONION RELISH ON FOCACCIA

3 cups white onions, cut in narrow wedges
2 cups julienne-cut, bell pepper in multi colors
1/8 cup Italian salad dressing
1/3 cup chopped fresh basil
1 tsp. coarsely ground pepper
1-1/2 lb. frozen white bread dough, thawed
1/2 cup minced onion
1 tsp. thyme
8 oz. fresh leaf spinach
1 lb. tomatoes, sliced
1 1/2 to 2 lb. roast beef, sliced

Toss onion wedges and pepper with Italian dressing, basil and pepper. Marinate in refrigerator at least overnight.

Roll dough to fit bottom of 15-by-10-inch pan. Place dough in oiled pan, oil top and set in warm place until it rises about 1 inch in pan.

Oil top again. Sprinkle with minced onion and thyme. Make impressions in dough about 1-inch apart.

Bake on top rack of preheated 400 degree oven 16 to 20 minutes. Cut in 8 squares and split. Fill squares with spinach, tomato and roast beef. Top with onion relish.

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Recipe

GRILLED SALMON STRIPS

1-1/2 lb. salmon fillet, skin on, thawed if necessary, cut in 1-1/4 inch strips
1/4 cup canola oil
1/4 cup lemon juice
2 tbsps. soy sauce
2 tbsps. honey
1/2 tsp. ground ginger
1/4 cup chopped green onion
1 tsp. lemon peel
Rice pilaf, if desired
Chopped green onion, lemon peel and sliced lemon for garnish, if desired

In large shallow glass dish, mix together oil, lemon juice, soy sauce, honey, ginger, onion and lemon peel.

Add salmon.

Cook well.

Refrigerate, covered, 2 to 6 hours, turning several times.

Remove salmon from marinade and discard marinade.

On medium-hot grill, cook salmon skin-side up 3

minutes. Turn over carefully.

Cook 3 to 4 minutes longer until fish flakes easily when tested with fork.

Remove strips from grill by running spatula between skin and salmon to provide plate-ready, skinless strips.

Serve over rice pilaf and garnish with onion, lemon and lemon peel.

Makes 4 servings.

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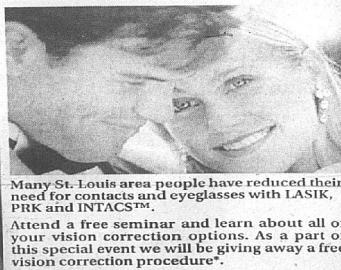
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Today's Food



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Individually frozen chicken pieces can be taken from their resealable bag in the quantity needed. A free 16-page booklet has recipes that use this convenient product. To receive one, call toll-free 1-800-4PERDUE. Chicken dinner ideas also are available at

the web site
www.perdue.com

Chicken and Pasta Dinner is ready to eat in about 30 minutes. French Country Bake is ideal for an evening when nothing sounds as good as an all-in-one oven meal.

FRENCH COUNTRY BAKE

4 individually frozen, boneless, skinless chicken

breasts

2 tbsp. oil

2 tbsp. Dijon mustard

1 pkg. (about 1-3/4 lb.) parmesan-herb flavored frozen vegetable mixture (potatoes, broccoli, cauliflower and carrots) or 2 pkg. (1 lb. each) primavera vegetable mixture with pasta

1 tbsp. minced fresh parsley

Preheat oven to 400 degrees.

Rinse chicken under cool water to remove ice glaze.

Pat dry with paper towels.

Pour oil into shallow 12-by-9-inch baking pan. Coat chicken with mustard and place in pan. Cover loosely with aluminum foil to prevent spattering. Bake in preheated oven 20 minutes.

Add vegetables to pan. Stir to coat with pan drippings. Sprinkle with seasoning packet from vegetables and stir again. Bake, uncovered, 20 to 25 minutes longer until chicken is cooked through and vegetables are tender.

SKILLET CHICKEN AND PASTA DINNER

4 individually frozen, boneless, skinless chicken

breasts

1 tbsp. olive oil

1 pkg. (1 lb.) frozen pasta and vegetable mixture

with garlic seasoning

1/4 cup water

1/2 tsp. basil

2 tbsp. grated parmesan cheese

1 tbsp. minced fresh parsley

Run cool water over chicken to remove ice glaze.

Lightly pat dry with paper towels.

In large deep skillet or Dutch oven over medium heat, heat oil. Add chicken. Cover. Reduce heat to medium-low. Cook 6 to 8 minutes per side.

Stir in frozen pasta and vegetable mixture, water and basil. Cook 10 to 12 minutes until chicken is cooked through and vegetables are tender-crisp.

ITALIAN RICE SALAD

1 cup uncooked rice

1/2 cup light Italian salad dressing

2 tbsp. grated parmesan cheese

Leaf basil, crushed

1 cup green peas, cooked, chilled

2 green onions with tops, sliced

1/4 cup sliced ripe olives

2 tbsp. sliced pimento

Prepare rice according to package directions, omitting butter and salt. Transfer to large bowl. Cover and chill.

Combine dressing, cheese and basil. Add dressing, peas, onion, olives and pimento to rice. Mix well.

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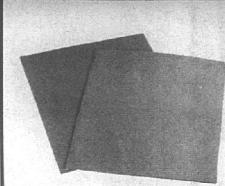
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5/499
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Nachos or Pizza Rolls
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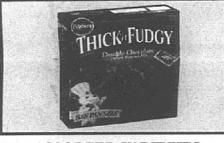
ASSORTED VARIETIES
Pillsbury
Toaster Strudel
3/495
10-11.5 OZ.



ASSORTED VARIETIES
Green Giant
Create A Meal
2/495
16-26 OZ.



ASSORTED VARIETIES
Pillsbury Hungry
Jack Biscuits
89¢
10 CT.



ASSORTED VARIETIES
Pillsbury
Brownie Mix
89¢
14.6-19.5
OZ.



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ASSORTED VARIETIES
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Complete Pancake Mix
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37 OZ.



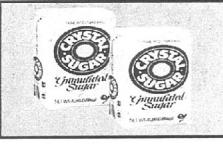
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Skim Milk
199
GALLON



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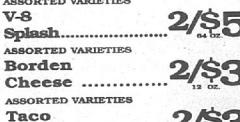
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Granulated Sugar
2/295
4 LB. BAG



ASSORTED VARIETIES
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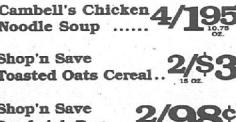
ASSORTED VARIETIES
V-8
Splash **2/\$5**
64 OZ.



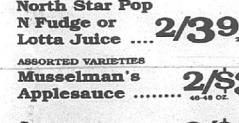
ASSORTED VARIETIES
Pasta **4/195**
12.75 OZ.



ASSORTED VARIETIES
Prego
Spaghetti Sauce... **2/295**
21.75 OZ.
STRAWBERRY BREEZE
OR PURPLE GRAPE
Welch's
Cocktail Juice **2/\$4**
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Campbell's Chicken
Noodle Soup **4/195**
OZ.



ASSORTED VARIETIES
Kellogg's
Pop Tarts **4/\$5**
8 CT.



ASSORTED VARIETIES
Borden
Cheese **2/\$3**
12 OZ.



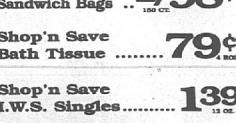
ASSORTED VARIETIES
Taco
Bell Salsa **2/\$3**
16 OZ.



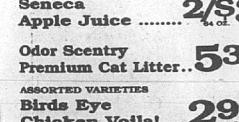
ASSORTED VARIETIES
Franco American
Meatless
Pasta **4/195**
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15 OZ. FROOT LOOPS,
20 OZ. RAISIN BRAN OR 19 OZ.
BITE SIZE MINI WHEATS

Kellogg's
Cereal **2/398**
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Apple Juice **2/\$3**
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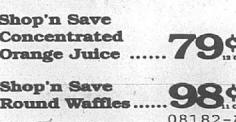
ASSORTED VARIETIES
Taco
Bell Frito
Loop Mini-Wheats
Cereal **2/\$3**
16 OZ.



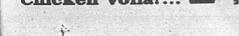
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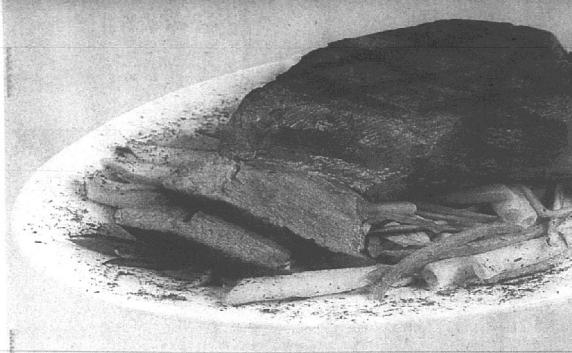


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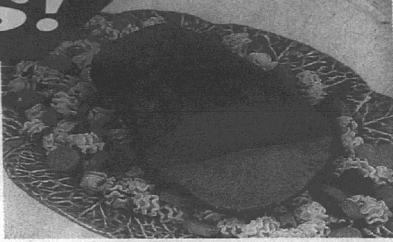
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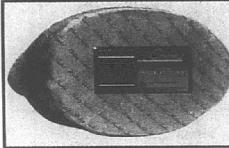
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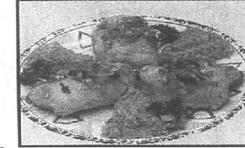
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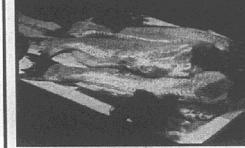
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Smoked Sausage... 179
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Edmond's
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SEAFOOD SHOPPE
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Channel Fish

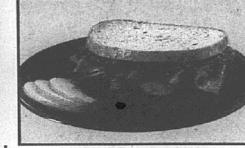
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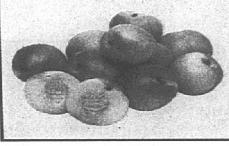
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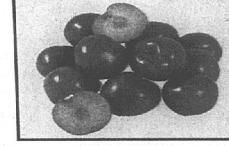
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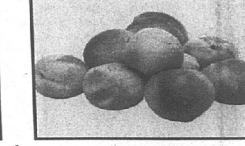
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Ch

By Tom Strom

The Impala much differed years. That car rear-wheel-drive a whopping 5 had body-on-frame, similar and Cadillac low to the ground, alloy wheels, somewhat of a grand cult, enthusiasts looks, now Cleveland. This front-wheel sedan is a super understand build a competitor such as Oldsmobile's Grand Prix. Impala is sleek, built and standard, fancier Impala engine, anti-lock control and trim, has a badge, revered name. Since the 1950s

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Chevrolet Impala is a solid value

By Tom Strongman

The Impala is back, but it's much different from the V-8-powered Impala SS of just a couple of years ago.

The car was a front-engine, rear-wheel-drive sedan powered by a whopping 5.7-liter V-8 engine. It had body-on-frame construction, similar to the Buick Riviera and Cadillac Fleetwood, and sat low to the ground on fat tires and alloy wheels. Even though it was somewhat of an anachronism, it gained cult-like status among enthusiasts who loved its bad-boy looks.

The 2000 Impala, however, is now the "regular" Impala. This front-wheel-drive, four-door sedan is a sure sign that it takes to build a competitive family sedan. It's a good value compared to its competitors such as the Toyota Camry, Oldsmobile Intrigue and Pontiac Grand Prix. The V-6 engined Impala is clean, solidly built and starts at \$19,280. The fancier Impala LS, with 3.4-liter engine, anti-lock brakes, traction control and tire monitoring system, has a base price of \$22,925.

The car has long been a revered nameplate for Chevrolet. Since the 1960s more than 13 mil-

lion have been sold. This car has a good chance of restoring the name to prominence.

While the new Impala shares its wheelbase and platform with the Pontiac Grand Prix and Oldsmobile Intrigue, it looks and feels distinctly individual. The ride is taut without being harsh, six people can ride inside and the trunk is spacious. The exterior styling is somewhat akin to that of the smaller Malibu, it comes off looking more modern and contemporary, thanks in large measure to the dual headlights and large, round taillights.

The standard engine is a 3.4-liter V-6 with 180 horsepower. A 200-horsepower, 3.4-liter 3800 Series II V-6 is optional on the base model and standard on the LS, the car I drove.

Traction control, anti-lock brakes, front and rear anti-sway system and a ride and handling suspension package are included with the 3800 engine.

The 3800 engine steps out smartly from the seat with a minimum of engine noise and vibration. The engine and front suspension are mounted on an aluminum cradle to isolate the rest of the car from unwanted noise and vibration.

The automatic transmission shifts seamlessly, but could profit

from a gear-lever mounted button for shifting out of overdrive, a feature found in most of its import competitors.

Inside, although technically six will fit, there is no practical limit. The LS gets front bucket seats and a console that is handy as well as practical. Spending time in these seats is not the least bit boring. The bucket seats are uniquely padded and contoured to provide support in the small of the back.

Interior styling is less subdued than the exterior. The instrument panel has a number of cut-lines, or seams, and some of the plastic surfaces looked and felt hard. The gauge package though was excellent and beat a Chevrolet outside of the Corvette.

Our dark red test car had light tan leather upholstery. I think a slightly darker tan would have looked better, but that is a fairly minor point.

Dual front air bags are standard, and a side air bag in the driver's seat is optional on the LS model and standard on the LS. It seems curious that a side air bag is not offered for the passenger seat.

One of the Impala's most interesting items is the AM/FM stereo with the Radio Data System (RDS). RDS does some amazing

things, such as interrupt a program to broadcast traffic or weather bulletins, automatically change time when you go from one time zone to another and search for 25 different types of program music, such as country, classical music or soft rock.

The functionality of the RDS system depends on radio stations broadcasting digital data. In the necessary information, however, and I found few of them. In the future, though, RDS will be everywhere.

Our test car's stereo had eight speakers, an amplifier and home-stereo quality sound.

It's heartening to see Chevrolet jump back into the heart of the sedan market with a car that is as roomy as a full-size and as maneuverable as a mid-size.

While its styling won't knock your socks off, it's solid and unobtrusive. Sounds like the perfect recipe for a highly successful family sedan.

The base price of our Impala LS was \$22,925. Options included leather bucket seats, electric sun roof, AM/FM/CD stereo, heated seats, alarm system and electronic cruise control.

The sticker price was \$25,240.

The warranty is for three years or 36,000 miles.

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Preserving backyard blooms for arrangements is easy

Roses are red, violets are blue ... if only you could preserve some of the blossoms from the backyard garden to enjoy all year.

You can, with a little know-how and some creativity. Flowers can be plucked from the garden at the peak time and dried provide a spectacular — and permanent — array of color to decorate the home or office easier than you might think.

The prettiest blooms make the best dried flowers, but the selection of varieties for dried arrangements is unlimited. Not all flowers dry well, so you will want to experiment to find the best results.

Choose flowers with bright colors of yellows, oranges and pinks. You will have the best results when flowers are dried at their peak of perfection, just before the petals fall off. Don't wait any later because the flower petals may fall off during the drying process.

Snip the blooms on a bright

warm day just after the dew has dried off the petals, in early to mid morning. You can also pick flowers in the late afternoon.

But don't limit yourself to the flowers you've plucked to collect foliage for dried arrangements. Materials can be found in herb and vegetable gardens, as well as from shrubs, trees and vines, roadsides, meadows, fields and woods.

Collect grasses, grains, reeds, cattails, burs, cones, flowers, buds, leaves and cultivated plants when they are mature and fully developed from now through September.

Flowers and foliage, either hang drying, drying agents or pressing flowers is recommended.

Hand drying — The easiest method of drying flowers and foliage is the natural or hanging method. This method works best for flowers that

wilt little or not at all, such as field grasses, goldenrod and the following garden flowers: celandine, salvia, strawflowers, baby's breath, dusty miller and gomphrena.

Allow about two weeks for drying.

To hang-dry flowers, remove all unnecessary foliage. Then group the stems into small, loose bunches and tie with heads down in any dark, dry place such as an attic or unused closet. Hang larger flowers individually.

Drying agents — Some of the common garden flowers, such as chrysanthemums, dahlia, delphinium, dogwood, lilac, snapdragons and zinnia can be dried with drying agents to maintain color and shape. Use one of these options: (1) fine, well-dried borax, (2) a mixture of powdered borax in 6 parts white cornmeal, (3) 1 part borax and 1 part sand, or (4) one of the silica gel products

Don't limit yourself to the home flower garden to collect foliage for dried arrangements. Materials can be found in herb and vegetable gardens, as well as from shrubs, trees and vines, roadsides, meadows, fields and woods.

now offered on the market. Spread 2 inches of the drying mixture over the bottom of a pan, then lay flowers. Spread foliage from flowers and lay them face down. Gently work the mixture around, up and over the flowers until they are lightly coated.

Turn over the petals, but try to maintain the natural shape of the flower.

Lay larger flowers like daffodils and tulips face up and cover the same way.

Spring flowers such as snapdragons and delphinium can be covered lengthwise in the drying pan.

Store the container, uncovered, in a dark, dry, cool

place for one to three weeks. When thoroughly dry, remove the sand, borax or silica gel from the flowers with a soft brush.

The colors of some flowers dried with this method may fade slightly, so you may want to use a plastic or varnish spray to keep the colors everlasting.

For faster results, try the microwave. Simply place flowers in a non-metal container with 1 inch of silica sand on the bottom. Cover all of the material thoroughly.

Operate the microwave at the high setting for two to three minutes, then allow

flowers to cool for 24 hours to complete the drying process.

Pressing flowers — Collect fresh flowers and leaves in as nearly perfect of a condition as you can. Trim the stems so they branch so that no foliage material is overlapping.

Leaves can be gathered either green or in full autumn color.

Press flowers, leaving lightly with non-salty oil, such as olive oil, before pressing.

Place each piece between several thick layers of dry newspaper. Weight it down with heavy books or bricks and allow three to 12 weeks for drying. When foliage is completely dry, store it in a dust-free container.

Summer's dog days expose shade trees to withering risk of leaf scorch

The hot, dry days of July and August are more than a discomfort to many shade trees. Leaf scorch, a non-infective disease is becoming more prevalent with each hot day.

Leaf scorch is first noticed as yellowing or bronzing of tissue between the veins or along the margins of leaves. Trees are more susceptible if they have low vigor, have been damaged by machinery or are surrounded by trees, shrubs, sidewalks or driveways.

Symptoms usually follow drying winds or bright sunlight. Later, these leaves appear dry and scorched, and may even drop off. However,

the tree itself will not die.

In most cases, all leaves on the same branch are affected more or less uniformly. Frequently, only one side of the tree is affected — the side exposed to the sun or drying winds. And occasionally, shade trees are severely damaged, but the leaves of the same species in the immediate vicinity are unaffected.

Leaf scorch is caused by failure of the tree to supply enough water to the leaves at a critical time, usually in July and August. A great amount of water evaporates from the leaf surface because of sun and wind during hot dry weather.

If the water supply is deficient, the exposed leaves actually dry out and scorch.

Trees with shallow root systems are particularly subject to leaf scorch. The same holds true for trees whose roots have been partly removed or cut, or are growing in material like asphalt or concrete paving.

Soil that drains excessively or that has a low water table or is affected by leaf-sucking insects can also contribute to the scorch problem.

Leaf scorch cannot be corrected once it appears, but injury can be kept to minimum

by improving the tree's general condition. If the tree has a permanently suppressed or injured root system, prune to maintain an even balance between top and roots. This practice will not injure the tree and may actually improve its appearance.

In the late fall or early spring, apply fertilizer. For pruned trees, mulch to improve soil water holding capacity, and water liberally to the sub-surface during hot

weather.

If the root system has been injured by excavation, you expect leaf scorch to reappear during drought until the tree repairs the damage or produces a new root system.

Homeowners should check out contractor thoroughly before buying roof

Homeowners who wait to see what's wrong with ceilings before calling a roofing contractor have already waited too long. By the time visible damage is done to the interior, structural damage may have occurred. Delay turns a simple re-roofing job into a major structural repair project.

Considering that a roof protects your home and family, it's essential to detect and attend to problems promptly," says Chuck Berk, vice president and general manager of Sun Home Improvement Professional Services, which replaces more roofs than any other company nationwide.

"The good news is that a quality roof, properly installed, lasts for many years. It's important to know when a new roof is needed, select the proper roof, and choose a

roofing contractor you can trust to protect your biggest investment — your home.

When is it time to replace your roof?

"If you see it more than 10 years old, it may start showing signs of wear," Berk says.

Loose or missing shingle, damaged flashing between the roof and exterior walls, and cracked, curled or rotted shingles are warning signs. It's time to call in a roofing professional.

Or, look for one who offers a free inspection and a written estimate for the replacement work," Berk says.

Popular roofing materials come in a variety of colors and textures. About 80 percent of American homes have organic (asphalt) or fiberglass roofs, chosen for their mix of performance, low mainten-

ance, versatility and price. Today's choices include shingles with textures that create dimensional effects.

Choice of roof color is important, as it affects the overall appearance of the house. A light-colored roof creates a spacious look, especially when paired with a light colored home. A darker roof gives a more formal look, particularly if the home's color is also dark. For a dramatic contrast, some homeowners choose a roof a very different in color from the house.

Some people prefer dark colors that absorb the sun's rays; others prefer light colors that reflect the sun's rays.

For a quality roof lasts for many years, people often select a neutral tone that coordinates with most house colors. To help visualize how various selections look,

consumers should ask to see the contractor's portfolio of completed projects.

The right contractor is as important as the right roof, so homeowners should ask the right questions before signing the contract.

Does your contractor have good references and a good record?

Berk advises consumers to ask how long the contractor has been in business (an

indication of the company's stability); and ask for customer and business references.

Time invested in calling references is worthwhile," Berk says. "Ask if past customers would recommend the contractor to their family and friends."

Is the contractor licensed and insured?

Roofing is not work for amateurs, so don't take chances," Berk advises.

"Ask to see the contractor's license and his certificates for property damage, liability and worker's compensation insurance, and call the insurance company to be sure the policies are current."

Is your satisfaction guaranteed?

Have the contractor explain what the roofing manufacturer's warranty covers, and how long. Then, ask if the contractor stands behind it.

Paint pros offer up some tips for achieving professional-looking results at home

As the last signs of summer appear, the National Kitchen and Bath Association predicts a flurry of painting activity, remodeling activity in homes across the country. According to the association, that is the most popular time of the year for remodeling projects. Whether you're putting the finishing touches on a newly remodeled kitchen or bath, or simply looking to spruce up a drab room, painting can enhance any decorating

project.

"Painting is one of the easiest ways to give a room a new look without spending a fortune," says Tom Segreto, Sears paint buyer.

"It's not a difficult task, but it's a process that requires time and patience to assure the best results. Paint properly and thoroughly. A good paint job will stand up to the toughest wear and tear for years to come."

Last year, the paint pros at the Sears toll-free consumer

painted hot line helped nearly 90,000 customers resolve paint issues ranging from choosing the proper materials and paints for a project to preparing the surface properly.

Or the four basic steps to painting a room are: preparation, applicator selection, surface preparation, and application technique — surface preparation is perhaps the most time consuming, yet most essential step in the process.

Taking the time to properly prepare the surface pays off with a longer lasting and nicer looking finished product.

Here are six of the most popular interior painting tips the Sears paint pros offer consumers:

Latex Paint Can Be Used Over

Oil and Vice Versa When Following the Five Steps of Preparation:

• Dull glossy surfaces, wash, rinse, repair defects and prime.

Primers and Paints are not interchangeable

• Primers are specially formulated to prime a sound surface. Paints help to seal the surface, preventing stains from bleeding through the paint film and providing adhesion for the top coat.

Paints beautify and protect a surface.

Paints Formulated to Cover in One Coat Must Be Applied Properly

• To ensure one-coat coverage on most surfaces 1) follow the manufacturer's directions 2) apply paint at correct spread rate to clean and sealed surface 3) use a good quality applicator matched to surface texture 4) apply paint using proper application technique.

Paints Properly Before Applying

• Follow five steps to prepare the surface 1) clean surface thoroughly 2) rinse all detergent from surface 3) patch all holes and cracks 4) dull glossy surfaces with sandpaper; wipe off sanding dust 5) prime all bare, porous

and stained areas.

Paint a Room from Top to Bottom

• Paint the ceiling first, walls second, and trim last. Paint the ceiling and around trim with a trim brush or paint stick.

• Finish the job by painting the trim with a trim brush or pad.

Use a Good Applicator to Get Professional Looking Results

• A good applicator will hold and spread an even, level coat of paint.

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